

Self-Love
Journal
for
Women



BJ Richards



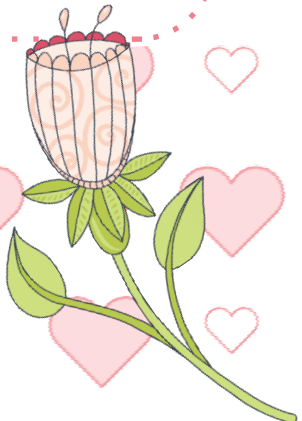
THIS BOOK BELONGS TO:

I am gifting this book to myself because...



I am lovable because...

My best feature is...



I am good at...

I am gifted at...



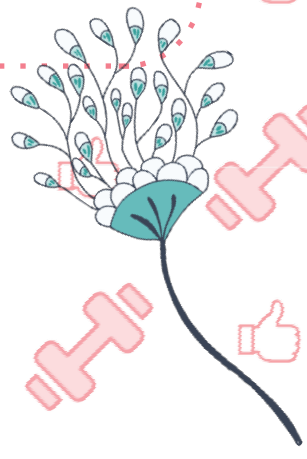
My biggest achievement is...

One of the best thing about me is...



One of my biggest strengths is...

The nicest compliment I've received is...



My proudest moment was...

One of my best personality traits is...



I am grateful that I can...

One of the reasons I love myself is...

