

A person wearing a plaid shirt and a hood is sitting on a mountain peak, looking up at a starry night sky. The sky is a deep blue with many stars and a faint Milky Way. The mountains in the background are covered in snow.

It's Your Year

The 6 Rules for Your Greatest Year Ever

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Introduction

“Out with the old, in with the new.”

We say it all the time, but what does it really mean?

It takes a lot of willpower to hold yourself to this standard – to promise yourself that you won't revert back to your old ways and instead, to focus on the new, positive intentions you're setting for yourself.

Perhaps you're trying to set new goals for yourself. Maybe you want to create a five-year financial plan. The important thing is that you're ready to make a positive impact on your life. You're gearing up for your most exceptional year ever. What more could anyone ask for?

Sometimes it's hard to embrace the first part of the quote, “Out with the old.” We naturally want to have the best of both worlds: the old and the new. In reality, it's hard to change your ways. You may have heard of people who say that when one door closes, another one opens.

We'll take that a step further. In order to open that next door, you have to close the other one. You can't have both doors swinging wide open when you're trying to pave a pathway to success and happiness.

You're at a point where you're ready for that new door – the new chapter, the new year, the new goals. Whatever it is that you're ready for, it's new, and it's exciting!

There are all kinds of reasons for our motives. We're not trying to pinpoint the cause for your motivations. That's something personal. Instead, we can help you along the way so that you stay on track toward obtaining your goals.