A Beginner's Guide



Dot Campbell

YOU'RE NOT THE BOSS OF ME!

Take CONTROL of Your Subconscious Mind

A Beginner's Guide

WARNING!!!

Do **NOT** read this book if you do not want to change your life for the **BETTER**.

Understanding the subconscious mind process and putting into practice the methods in this book to become a more positive person will lead to amazing improvements in your life on all levels.

Programming the subconscious mind to Positive thoughts, feelings and perceptions will draw into your life Positive abundance of all types.

Consider yourself warned and if you proceed, please do it with an open mind and an accepting heart.

Prepare to be AMAZED!!

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This publication is for educational purposes only. Neither the author or publisher in any way recommend or condone the discontinuation of medical or psychological treatment in place of the information and techniques found in this publication.



With Gratitude - -

To all my clients and students over the years that allowed me to share my methods and techniques.

They helped confirm, through their many successes, that the methods and techniques contained in this guide are easy-to-learn and of great assistance in creating the life they desire.

Thank You Thank You Thank You

To:

Dale for always believing in me and helping me believe in myself.

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A WORD FROM THE AUTHOR

I do not proclaim this book to be a magic wand or a silver bullet. Just reading it will not make your life perfect – whatever your definition of perfect may be.

I do, however, offer you practical, easy-to-learn techniques to help you become the YOU, that you truly want to be and that will bring Balance, Harmony, Good Health, and Success into your life.

As with all knowledge – it is power <u>ONLY</u> if you use it.

The process is simple - doing it is the **KEY**!!!

I spent a lot of time and money on books, recordings, and workshops to improve my life. Somehow I thought that by just accepting and paying for this knowledge my life would change for the better.

My life began to change for the better <u>ONLY</u> after I defined the basics of how the subconscious mind processes and then put the principles I learned into practice.

In this guide I share the most powerful processes I have found to bring consistent positive, lasting changes. This guide is based on my beliefs, theories and positive results experienced by my clients, students and myself.

I offer you this Beginner's Guide to take Control of your Subconscious Mind and truly become the Boss of You!!