



# MONEY CHAKRA SECRETS



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## ACTIVATING YOUR MONEY CHAKRA



## Money Chakra: The Journey Begins



Chakra has various interpretations of the definitions as well as functions of chakra, since people are recently more aware of the significance of chakras and how they play a role in balancing the physical, mental and spiritual state.

However, chakras can be simply explained as the energy centers that exist within our bodies. Its name originated from an old Sanskrit word that means “wheel”, “circle” and “cycle”- which describes the spinning motions of Prana ( vital life force energy) at these points.

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These energy points serve as openings for Prana to flow through our physical bodies, where it will be taken up and collected to be transformed and emitted for use. These energy centers correspond exactly to the seven main nerve ganglia and are responsible for regulating physiological processes like the immune response, organ functions as well as psychological processes such as our emotions and behavior.



There are seven major chakras present in the body - Root Chakra, Navel Chakra, Solar Plexus Chakra, Heart Chakra, Throat Chakra, Third Eye Chakra and the Crown Chakra. Each chakra is different in a sense that they have specific qualities, which corresponds to the refinement of energy from the base-level (the first six chakras) up to the higher vibration spirit-level awareness (the 7th chakra).

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The three lower chakras (Root Chakra, Sacral Chakra, Solar Plexus Chakra) are associated with core emotions and needs, as the energy circulated at this particular area vibrates at a lower frequency and is denser in nature. Meanwhile, the four upper chakras (Heart Chakra, Throat Chakra, Third Eye Chakra and the Crown Chakra) correspond to our higher mental and spiritual aspirations.



The different chakras each have a specific color associated to it, which can be attributed to its energetic existence. The frequency of the vibrations it emits results in the different colors that are characteristic of the different chakras; this can be explained by the manifestation of the different colors we see, which is essentially the vibration of electromagnetic waves

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emitted by light at different frequencies. In chakra healing exercises, which will be given later, color plays an important role.

Each chakra point is equivalent to a specific aspect of human behavior and development; the balanced flow of energy at these different energy points ensures that the body functions smoothly.

However, a blockage or unbalanced flow of energy in any one of these energy points will result in the manifestation of health and/or emotional and behavioral problems. This leads to the inability to lead an abundant life, as issues in one part will often have overreaching consequences on the other parts of your life.

The main intention in discovering our chakras is to learn how to master each chakra's essence and unite them all in a balanced energy field. When we are able to identify the different energy fields and balance them out accordingly, this will in turn reunite all our detached inner elements to a higher conscious of self-awareness.

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## But How Is This Related To Money?



As mentioned earlier, each chakra represents a certain part of our bodies as well as consciousness or behavior. A disruption in balance in any one of these chakras will have an impact on either our health or emotional and behavioral states - which will indirectly impact the state of abundance in our lives. This also includes abundance in terms of our finances.

A person's ability to manifest money in life would be affected significantly, as well as their attitudes towards money. For example, an imbalance in a certain chakra would result in a person's low self confidence, which is crucial when it comes to making decisions and pursuing opportunities.

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