

A person in a dark jacket stands on a rocky peak, arms outstretched, looking up at a starry night sky. A vibrant green aurora borealis is visible in the upper right portion of the sky. The scene is illuminated by the aurora and the stars, creating a sense of awe and achievement.

SUCCESS BLOCKERS

Eight Behaviors That Are Definitely Blocking Your Success

Table of Contents

Introduction..... 4

A Few Words on Success 6

What Are Success Blockers? 9

Seeking Approval 10

 Real-Life Examples..... 11

 How to Address 11

Needing Perfection 15

 Real-Life Examples..... 15

 How to Address 16

Not Focusing on The Essential 19

 Real-Life Examples..... 20

 How to Address 20

Spending Your Time with The Wrong People..... 22

 Real-Life Examples..... 23

 How To Address..... 23

Fearing Failure 25

 Real-Life Examples..... 26

 How to Address 26

You Plan but Don't Act..... 28

 Real-Life Examples..... 29

 How To Address..... 29

You Don't Work Smart..... 31

 Real-Life Examples..... 32

 How to Address 32

Too Comfortable in The Comfort Zone 34

 Real-Life Examples..... 35

 How to Address 35

Conclusion..... 37

Introduction



We all want to be more successful - in one way or another.

I don't think that is a "hot take" or an even remotely controversial statement.

You might be perfectly happy with your lot in life, but you likely still crave something.

Maybe it is a bit more money. It might be a more exciting career. It could be as simple as wanting to finally beat your partner home during a morning run.

Success is *sweet*, no matter how *simple*.

There is a problem, though. There is often a lot working against us and our success. We might have had a chance at a big promotion, but there were too many other good candidates. Sure, we could switch careers, but there is never a right time. We are certain we would have beat our partner home if we hadn't slipped on those wet leaves!

Sometimes it feels like everyone and everything is conspiring to steal your success!

To top it off, we haven't even mentioned everyone's biggest impediment to success: themselves.

It's true.

We are often the authors of our own demise. We engage in behaviors and habits that hold us back from true success.

That is why this guide exists. It will examine **eight key behaviors** that typically hold people back from success.

If you are ready to learn what behaviors might hold you back, you are in the right spot. First, though, let's take a closer look at what "success" means...