



# REWIRE POSITIVITY

A 10-Part System to Change Negativity into Positivity

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## Introduction



It is easy to love positive people.

They're the people we enjoy being around the most. It seems like they always know the right thing to say - or do - to lift us up when we are feeling down.

They never seem to quit trying, and because of this persistence, they frequently celebrate success.

But even when positive people fail, they never let it get them down long. They tend to wade back in, seemingly full of endless ideas, ready to try again.

Sounds great, right? Do you ever wish you were a bit more like that?

*You can be!*

In this book, we're going to explore the life-changing power of embracing positivity.

In these next chapters, you'll discover how to rewire your negative thoughts into positive ones.

We will start by examining why it can be so hard to stay positive in the first place. From there, we'll look at the benefits of positivity and share examples of what positivity looks like in our day-to-day lives.

Finally, we will teach you how to live a more positive life by learning how to defeat negativity once and for all through a series of very simple steps.

This process will help you genuinely feel more positive about who you are, where you're going, and what you hope to achieve in life.

Positivity is a powerful force, creating energy that powers us toward the life we want to live. Are you ready for the success that a more positive outlook can offer?

Let's get started!