

# ***PLAY EXPLORE & LEARN!***

**Lesson Plans From Pre-k - 12th grade**



**Sponsored By: FutureLearn Kids Academy**



Never Arrest Your Development

-KAP

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# **What's The Plan For: FutureLearn Kids Academy**

## **Executive Summary:**

FutureLearn Kids Academy is a comprehensive and innovative learning center designed to provide children aged 5 to 14 with a diverse and holistic education. Our mission is to empower children through a well-rounded curriculum that includes money management, art therapy, science, reading, math, technology, hospitality, self-defense, emotional support, and entrepreneurial skills. We aim to create a nurturing and stimulating environment that fosters creativity, instills confidence, and encourages personal growth.

## **1. Business Description:**

FutureLearn Kids Academy will be a dynamic after-school and weekend program that offers a wide range of educational and enrichment activities. Our goal is to inspire and equip children with essential life skills, preparing them for a successful future while supporting their emotional well-being. Additionally, we will provide parents with resources and workshops to support them in their parenting journey.

## **2. Market Analysis:**

### **Target Market:**

Our primary target audience includes parents who value a well-rounded education and are seeking additional support to nurture their children's emotional and cognitive development. We will also focus on children who require special attention due to emotional issues.

### **Competitive Analysis:**

While there may be other after-school programs and educational centers, FutureLearn stands out with its unique combination of subjects, including money management, hospitality, and self-defense. We will differentiate ourselves by offering a comprehensive and personalized approach to education, catering to individual interests and needs.

## **3. Services:**

FutureLearn Kids Academy will provide the following services:

- **Money Management Education:** Basic financial literacy, budgeting, saving, and understanding money in daily life.
- **Art Therapy:** Therapeutic art activities to help children express themselves and cope with emotions.
- **Academic Subjects:** Reading, math, science, and technology lessons aligned with age-appropriate standards.
- **Hospitality Education:** Introducing children to basic hospitality skills, including etiquette, communication, and service.
- **Self-Defense:** Teaching basic self-defense techniques to boost confidence and ensure personal safety.
- **Emotional Support:** Counseling and workshops to help children with emotional issues and promote emotional intelligence.
- **Entrepreneurship Workshops:** Assisting children in creating simple business plans for entrepreneurial ventures.
- **Working Papers Assistance:** Providing guidance and support to eligible children in obtaining working papers.
- **Healthy Snacks and Food:** Offering nutritious snacks and food to fuel children's bodies and minds.

#### 4. Facilities:

We will lease a spacious and child-friendly facility that allows for various activities, including classrooms, art studios, science labs, and self-defense training areas. The center will be equipped with modern learning tools and safety measures to ensure a secure environment.

#### 5. Marketing and Promotion:

To reach our target audience, we will implement a comprehensive marketing strategy, including:

- **Digital Marketing:** Creating an engaging website with program details, testimonials, and enrollment information.
- **Social Media:** Utilizing popular social media platforms to share educational content, updates, and success stories.
- **Community Involvement:** Partnering with local schools, organizations, and community events to promote FutureLearn.
- **Parent Workshops:** Hosting workshops for parents on various parenting and educational topics.

#### 6. Staffing:

Our team will comprise qualified educators, certified art therapists, experienced hospitality professionals, self-defense instructors, child psychologists, and financial experts. Each staff member will be passionate about child development and dedicated to creating a positive learning experience.

#### 7. Financial Projections:

The initial investment will cover facility setup, curriculum development, staff hiring, and marketing efforts. FutureLearn Kids Academy will generate revenue through tuition fees, partnerships with schools, and potential government grants.

#### 8. Social Impact:

FutureLearn Kids Academy is committed to making a positive impact on the community by nurturing well-rounded, emotionally intelligent, and confident individuals. We will also offer scholarships and discounted programs to support children from underprivileged backgrounds.

#### Conclusion:

FutureLearn Kids Academy is poised to be a leading education center that provides a unique and comprehensive approach to children's development. By offering a diverse curriculum that includes money management, art therapy, hospitality education, and more, we aim to prepare children for success while fostering their emotional well-being. With a dedicated team and a well-planned marketing strategy, we aspire to empower children and their families on their educational journey.



# *The Value Of Respect*

Objective: Students will learn about the value of respect and understand how it helps create a positive and inclusive environment.

Preparation:

- Gather books or resources that depict respectful behaviors and interactions.
- Prepare discussion questions related to respect.
- Create worksheets or activity sheets for students to engage with the lesson content.

Introduction:

- Begin by asking the students if they know what the word "respect" means. Allow them to share their ideas.
- Explain that respect means treating others kindly, listening to them, and appreciating their thoughts and feelings.
- Show a visual aid or read a short story that depicts respectful behavior. For example, you can use a book like "Respect and Take Care of Things" by Cheri J. Meiners.

Reading Activity:

- Read a book that focuses on respect, such as "The Golden Rule" by Ilene Cooper or "Splat Says Thank You!" by Rob Scotton.
- While reading, emphasize the importance of respect in different situations and highlight examples of respectful behavior.
- Pause at key moments to ask comprehension questions and encourage students to reflect on the characters' actions.
  - How did the character show respect in this situation?
  - How would you feel if someone treated you with respect?
  - Can you think of a time when you showed respect to someone else?
  - Why is it important to treat others with respect?
- After reading, have a group discussion using the prepared discussion questions. Allow students to share their thoughts and experiences related to respect.

### Activity Worksheet:

- Distribute worksheets or activity sheets to the students.
- Provide them with simple scenarios or pictures depicting different situations.
- Ask students to identify the respectful behavior in each scenario or picture and write or draw their responses accordingly.
- Encourage students to explain why they believe a particular behavior shows respect.

### Conclusion:

- Recap the main points of the lesson, emphasizing that respect means treating others kindly and appreciating their thoughts and feelings.
- Discuss how showing respect helps create a positive and inclusive environment in the classroom and beyond.
- Encourage students to practice respect in their daily interactions with their classmates, teachers, and family members.
- Conclude the lesson by reinforcing the idea that everyone deserves respect, regardless of their differences.

### Extension Activities:

- Role-Play: Divide the students into pairs and ask them to act out scenarios where they can demonstrate respectful behavior.
- Create Respect Posters: Have students create posters with messages and drawings that promote respect in the classroom.
- Writing Activity: Ask students to write a short paragraph or draw a picture describing how they will show respect to others.

Remember, when teaching about respect, it's essential to model respectful behavior yourself and reinforce positive interactions within the classroom environment.



# Value your Parent

Age Group: 3-8 years

Objective: To help children understand and appreciate the value of their parents and foster a sense of gratitude and love towards them.

Materials Needed:

- Large sheets of paper or a whiteboard
- Markers or colored pencils
- Picture books about families and parents (e.g., "Love You Forever" by Robert Munsch, "Guess How Much I Love You" by Sam McBratney)
- Construction paper
- Scissors
- Glue sticks
- Stickers or decorative materials (optional)

Duration: Approximately 30-45 minutes

Introduction (5 minutes):

- Begin by gathering the children in a circle and initiating a discussion about families.
- Ask questions to gauge their understanding and involvement in their family dynamics:
  - Who is in your family?
  - Who takes care of you at home?
  - How do your parents or caregivers show their love for you?

Activity 1: Family Portrait (10 minutes):

- Provide each child with a sheet of construction paper, scissors, and glue sticks.
- Instruct the children to create a family portrait by cutting out pictures of family members from magazines or drawing and coloring their family members.
- Encourage them to label each family member and decorate the portrait as desired.
- Once they have completed their family portraits, allow them to share and talk about their artwork with the class.

Activity 2: Storytime (10 minutes):

- Read a picture book about families and parents, such as "Love You Forever" or "Guess How Much I Love You."
- Pause occasionally during the reading to ask questions and encourage children to relate the story to their own experiences.
  - How do you think the characters in the book show love to their parents?
  - Can you think of ways you show love to your parents?
  - Why do you think it's important to value and appreciate our parents?

### Activity 3: Thank You Cards (15-20 minutes):

- Provide each child with a folded sheet of paper or pre-made blank cards.
- Instruct the children to create thank you cards for their parents.
- Encourage them to write or draw something they appreciate about their parents and the reasons why they love them.
- Assist younger children in writing or drawing if needed.
- After completing the cards, allow the children to decorate them with stickers or other decorative materials.
- If time permits, invite the children to share what they wrote or drew on their cards with the class.

### Conclusion (5 minutes):

- Gather the children back into a circle and ask a few volunteers to share what they appreciate about their parents.
- Emphasize the importance of valuing and appreciating our parents.
- Discuss how showing gratitude and love towards our parents helps strengthen family bonds and create a nurturing environment.
- Encourage the children to give the thank you cards to their parents and express their appreciation.

### Extension Activities:

- Role-play: Create a pretend play area where children can take turns pretending to be parents and caregivers, imitating actions they see their parents do at home.
- Family Tree: Help children create a family tree by drawing and labeling family members, including grandparents, aunts, uncles, and cousins.
- Songs and Poems: Teach children songs or poems about parents and families that they can sing or recite during group time or at home with their parents.

Note: The duration of the activities may vary depending on the age and attention span of the children. Feel free to adjust the activities and timing accordingly.

# Knowing the Signs

Age Group: 10-14 years

Objective: To help children recognize the seriousness of mental health issues and understand the importance of seeking help and support when facing mental health challenges.

Materials Needed:

- Chart paper or whiteboard
- Markers or colored pencils
- Index cards or small pieces of paper
- Relevant video or audio clips (optional)
- Worksheet or activity sheets (optional)

Duration: Approximately 45 minutes to 1 hour

Introduction (5 minutes):

- Begin by engaging the students in a brief discussion about mental health.
- Ask them if they have heard about mental health issues and what they understand by the term.
- Explain that mental health is just as important as physical health and that taking care of our mental well-being is essential.

Activity 1: Myths and Facts (10 minutes):

- Write the words "Myths" and "Facts" on the chart paper or whiteboard.
- Divide the students into small groups and distribute index cards or small pieces of paper to each group.
- Instruct the groups to write down common myths and misconceptions about mental health on one side of the index cards and corresponding facts on the other side.
- Allow each group to share their myth and fact pairs with the class, discussing and clarifying any misconceptions.

Activity 2: Personal Reflection (15-20 minutes):

- Provide each student with a worksheet or activity sheet where they can reflect on their own experiences or observations regarding mental health.
- Ask them to write or draw about a time when they or someone they know faced a mental health issue and how it was addressed (or not addressed).
- Encourage students to reflect on the impact of seeking help or not seeking help in that situation.
- Allow volunteers to share their reflections with the class, fostering an open and non-judgmental discussion.

### Activity 3: Case Studies and Discussion (15-20 minutes):

- Present case studies or scenarios depicting different mental health issues (e.g., anxiety, depression, stress).
- Divide the students into small groups and assign each group a case study to discuss.
- Encourage them to think about the potential consequences of not seeking help, both for the individual experiencing the issue and for those around them.
- Ask each group to share their analysis and conclusions with the whole class, fostering a comprehensive discussion.

### Conclusion (5 minutes):

- Summarize the key points discussed during the lesson, emphasizing the seriousness of mental health issues and the importance of seeking help.
- Emphasize that seeking help for mental health issues is a sign of strength and resilience.
- Provide information about trusted sources of support, such as school counselors, helplines, or mental health professionals, that students can turn to for help or guidance.
- Encourage students to reach out to others and be supportive if they notice someone struggling with mental health issues.

### Extension Activities:

- Guest Speaker: Invite a mental health professional or someone with lived experience to speak to the students about mental health and seeking help.
- Creative Expression: Allow students to express their understanding of mental health and the importance of seeking help through artwork, poems, or short stories.
- Role-play: Divide students into groups and have them perform short skits that demonstrate different scenarios where seeking help for mental health issues is crucial.
- Research Project: Assign students a research project on a specific mental health disorder, encouraging them to explore the symptoms, treatment options, and the importance of seeking help.

Note: It's important to approach the topic of mental health with sensitivity and care. Ensure that students feel safe and comfortable during the discussions, and be prepared to address any concerns or emotions that may arise. If necessary, consult with school counselors or mental health professionals for guidance and support.