

## 6 WAYS TO FIND DATES EVEN IF YOU'RE NOT CONVENTIONALLY ATTRACTIVE

Basic beauty standards exist, and that is undeniable. They also change pretty rapidly. What is unattractive today could be the most attractive feature tomorrow. That's just how the world is.

**Unconventional attractiveness means having certain unique features that deviate from what society views typically as attractive.** That in no way means you are unattractive. It means you're attractive in ways that are different from most people.

Unfortunately, being unconventionally attractive can make it more difficult to get dates.

Implement these techniques to get dates even if you're not conventionally attractive:

## Build your confidence

People are attracted to confidence. Don't sell yourself short. If you don't like yourself, you can't expect someone else to like you. Work out, develop your physique, and dress well.

**Low self-esteem can cause you to seem unattractive, regardless of what you look like.** If you're very insecure, you won't attract people. Put in the effort to look good - it's a huge confidence boost.

Even if it's just a small percentage of the people you meet, someone has been interested in you. You may not have been able to pick up on it because you were so busy putting yourself down.

You're probably turning people off if you appear needy or desperate. Be calm and confident.

## Stop trying to fit in

**Stop trying to fit into standards of conventional attractiveness and do your own thing.** Style your hair the way you like, not the popular, conventional way. Wear the clothes you want, not the ones in vogue.

You will get more attention by choosing styles that are more fit to who you are and your personality. After all, you're not attempting to pull off styles you can't. You may not look like the ideal image in your head, but you'll feel better about yourself. Create your style.

## Make more friends

Expand your friend group, socialize, and engage in regular group activities. Join a gym, sports club, hiking group, or cooking class.

How will expanding your friend group help you land a date? When you have a good social circle, more people will see your good qualities and show an interest in you.

**Any situation that puts you in an excellent position to talk to people is a good starting point.** It might surprise you how easy it can be to find a date.