



RON SIMPLIFIED MYERS



THE
**RELATIONSHIP
SUCCESS**
HANDBOOK

GET RID OF YOUR PROBLEMS,
NOT YOUR PARTNER



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DEDICATION

This book is dedicated, in memory of one of the most incredible people who has ever crossed my path, my wife Terri Reiko Myers (Kitajima). I lost her to cancer after a 17-year battle on July 26, 2014. She added so much value to my life. She was my best friend, my life consultant and my world. We experienced the high and higher in life. Because of her, I never experienced lows. Her input in my life will show up throughout this book and you will have the opportunity to witness a 'Class Act' up close.

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Many people have crossed my path and contributed to me acquiring a better understanding of life. I have always cared about others and wanted to share things that have worked for me. This book is a part of that desire to uplift people in the way they view themselves.

Most important in the creation of this book is Terri Reiko Myers (Kitajima). She is the woman that changed my negative points of view and my overall loss of respect of women, that I had developed over a period of years. I had unfairly placed a tag on them that said, "All women are the same." She allowed me to realize that particular thought was a belief that could be devastating to the development of an intimate relationship.

I want to thank my parents (James and Betty Pitts) and Terri's Parents (Kunihiko and Juliet Kitajima) for being examples to Terri and me that we stay committed and work through any obstacles that occur, during the journey of marriage.

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At times, we need to rest our head, find a place to enjoy some good music and rejuvenate. Thank you Ty Morita, Teresa Kiyomura and Francois Dean II for supplying me with that relief.

If I missed anyone, know it was not done intentionally.

FOREWORD

Relationships don't come with an instruction manual. If they did, everyone would be happy, inspired and stress free all the time. Instead, how we interact in our relationships often comes as a result of just "winging it". Winging it usually means a lot of trials and errors along the way, which can permanently damage a relationship. The good news is it doesn't have to be that way.

The guidance Ron presents in this book will show you how to create happy and fulfilling relationships and how to turn reoccurring conflict into peaceful, understanding conversations.

Within the first five minutes of meeting Ron, we hit it off instantly for two reasons. One, he's totally transparent with an infectious personality. Truly, what you see with him is what you get. And two, we share a belief in one simple principle - a healthy relationship starts with you.

As a Certified Relationship Specialist®, a best-selling author and a former U.S. Marine Corps Intelligence Analyst with 13+ years of experience in personal communication and conflict resolution, I know what it takes to make a relationship work. What Ron lays out in this book is practical and concrete. He believes that if you are solid in who you are and love yourself, you will be able to maintain healthy relationships in every area of your life. This is vital for any relationship whether it be with your partner, parents, siblings, kids or coworkers.

One of my favorite chapters is Chapter 5: Responsibility for My Actions. In this chapter, Ron introduces us to the power every person has and shares the #1 place to find all the answers you will ever need to have successful relationships.

Today, there's a lot of talk about self-love. It has become a hot topic, but many fail to understand the depth and power that comes with those two words. After all, how can you practice and reap the rewards of something you may not truly understand.

This work is a result of Ron's introspective journey that will lead you to start asking a different question - "How do I find peace within love?" His riveting journey of loss and triumph reminds me that the human spirit combined with the power of love can transform your life - if and only if you choose.

This book is practical, thought-provoking, down to earth and a true labor of love. Once you complete it, you will be able to take a step back and observe the role(s) you're playing in your relationships and succeed in them.

Michelle Galarza

CEO of MG International

Author of the #1 bestselling book, Relationship SOS: 7 Lifelines to Rescue Your Emotional Intimacy Now