

# GROWING IN PRAYER

CONNECTING WITH  
GOD EACH DAY

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# INTRODUCTION: The Discipline of Prayer



**C**ould your prayer life use a tune-up? Most of ours could. The stress of daily life and its many distractions can make it tough for us to pray regularly, and the mystery of unanswered prayers can make us unwilling or even bitter.

**The Scriptures have a lot to say about prayer.** They inform us by both example and command how to pray, why, and what for—and may surprise us more than once about what to ask!

**Have you given up hope for a refreshing, effective, and vibrant prayer life?**

Let your hope be revived! You can receive what you pray for. You can enjoy praying again. You can be an instrument of miracles and blessing in your life and those of others. This devotional will only scratch the surface. This is primarily because prayer, like anything worth doing and growing in, is best learned by actually doing it, not by reading about it. But I do hope to give you principles and truths that will refresh, fortify, and revitalize your prayers and bring you the answers you've longed for.

## **Commit to growing in prayer.**

If you make the choice to act on the truths you learn here, believing what God says rather than what your emotions, circumstances, or traditions tell you, you can be certain that your prayer life will grow. You will see answers. You will have joy. You will taste what God can do with a soul completely turned to Him. Prayer doesn't have to be drudgery. **It can be sheer delight.** It won't always be like that, for a variety of reasons. But if you struggle to enjoy prayer, if it seems like a chore, if you've lost the spark of communication with God, you're in the right place.

## **Why don't you pray right now?**

Ask God to give you an open heart and mind to what you will read here. Ask for the grace to follow through on what you learn. Pray for protection from distractions and any hindrances in your own heart. Ask for the ability to take God at His Word.

**Let's dive in.**

# CHAPTER 1:

## Asking in His Name

