

VITAMIN D SECRETS

HOW TO KNOW IF YOU ARE DEFICIENT IN
VITAMIN D AND HOW TO EASILY OVERCOME THIS



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Table of Contents

Introduction.....	6
Why Vitamin D is essential for your Body.....	7
Vitamin D Deficiencies	7
Vitamin D is required for communication within your body.....	8
What Causes Vitamin D Deficiency?	9
Your Diet can cause a Deficiency in Vitamin D	9
You have Very Dark Skin	10
You have a Problem with your Digestive Tract	10
You are not getting enough Sunlight.....	11
You are Overweight / Obese	12
Your Kidneys cannot process Vitamin D properly	12
You are an Older Person	12
You take Specific Medications.....	13
Vitamin D Deficiency Symptoms.....	14
Experiencing Cramps, Weakness or Aching Muscles.....	14