

# HOLISTIC

VENUES IN IRELAND



**A FREE Residential and  
Non Residential Guide**

*YvonneMarie EBooks*

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October to December

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€80 per year from October

€20 per quarter

  
*YvonneMarie EBooks*

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Are you listed? Please get in touch.

# Co. Carlow







# CO. CARLOW HOLISTIC VENUES

## 1. Teach Bhride

# WELCOME TO TEACH BHRIDE



## Teach Bhride Holistic Education Centre

**Teach Bhride** is a holistic education centre set in Tullow, Co Carlow.

Teach Bhride supports people in their desire to live full and meaningful lives in harmony with themselves, with others and with Earth. The Centre has 4 conference rooms or meeting spaces for people to gather in a safe environment.



The centre is committed to the development of the whole person, integrating body, mind, spirit and feelings, and providing opportunities for people to grow and find meaning in a way that is appropriate to the uniqueness of each person. Adopting an inclusive policy,

**Teach Bhride** welcomes all to participate in their courses and services regardless of ability to pay.

## Accommodation



**Teach Bhride** has single room accommodation for 24 people, or a combination of single and shared accommodation for 27 people. 14 of these rooms are en-suite.

In addition, 9 en-suite rooms are available in the house across the garden, bringing the total number of rooms up to 33 (23 en-suite and 9 standard) – that is, single room accommodation for 33 people or 36 where some people share accommodation. (There are 3 twin room; though some rooms have small double beds, suitable for couples.).

## Ethos

We strive to reflect an attitude of compassion and respect for the struggles that are an inevitable part of each of our lives.



## Contact Us

Teach Bhride Centre,

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# Co. Dublin





# CO. DUBLIN HOLISTIC VENUES

1. Knockrose

2. Alternative Healing Wellness Centre



# WELCOME TO KNOCKROSE



Situated in 'The Scalp' on the Dublin / Wicklow border Knockrose Garden is a place of peace and tranquillity, where it is blissfully easy to forget about the frantic pace of the 21st century and relax to a more natural and healing pace. The traditional farm buildings, dating from 1750, have the 'Pale Ditch' marking the historic boundary of South County Dublin on one side and The Scalp woods marking the start of the rugged Wicklow Mountains on the other.

The tastefully renovated traditional farm buildings include the **Calm House** and the **Garden Studio**. The Calm House is available to hire for Micro Wedding Ceremonies and other small events.

Situated 500 feet above sea level and sheltered by the soaring heights of 'The Scalp' the scents and colours of the organic **Cottage Garden** is a joy to the senses. Sitting on a tri-vortex of ley lines the unique atmosphere enables visitors to feel very protected and to become at peace with themselves. The **Garden Studio** (which is available to rent) is a wonderful place to create and exhibit art, share knowledge, or just enjoy a cup of tea after seeing the garden.

## Garden Studio



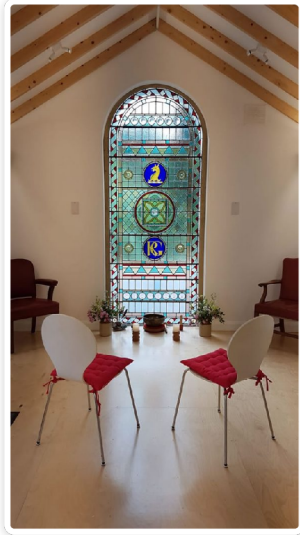
The Garden Studio was converted from the original cowshed into a beautiful, warm and bright multi-purpose studio and is suitable for hosting a range of different events, such as:

- Art workshops and classes : Art exhibitions : Sculpture exhibitions
- Craft classes : Holistic groups
- Small conferences: Meetings.

It's also used as the tea room for large visiting parties.

## The Calm House

The Calm House was converted from the original calf shed into a beautiful, warm and bright multi-purpose group room.



The Calm House is suitable for hosting a range of different events, such as:

- Small Intimate Wedding Ceremonies , Yoga and Meditation Groups
- Art and Sculpture exhibitions, Craft classes
- Holistic groups and Sound Baths
- Small conferences and Meetings



### **CONTACT US**

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# Alternative Healing Wellness Centre

Walkinstown  
Dublin 12



Newly established, Alternative Healing  
Wellness Centre boasts a wide array  
of complementary therapies such as:

**Acupuncture**  
**Counselling**  
**Nutrition**  
**Dietician**

**TCM Herbs**  
**Reflexology**  
**Reiki**

**Psychotherapy**  
**Biodynamic  
Massage**  
**Zone Facelift**  
**Body  
Psychotherapy**