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# **Foreword**

Manifestation is about exploring your inner self and exploring it to that extent where your dreams can become part of your regular life. This is true and it is very much possible because there are people who have learned the art of manifestation and they have made their dreams come true and there is a law known as the law of attraction. In this EBook I will tell you the whole philosophy behind manifestation and behind the law of attraction. These two terms may sound confusing to you but if you go little deep and search about them then, you will know that both of these terms are part of our regular life and with little effort you can learn how to control them.

Manifestation gives you direct control over your life and they make you stronger and humble in a sense that you come to know the realities of your life. You can see a dream, think about something special, set a goal for your life but without proper manifestation of those thoughts, dreams and ideas you will not be able to make them happen and you will not be able to implement them in your life and make these thoughts, dreams and ideas real.

To take advantage of manifestation, you need to know the exact logic of manifestation in the first place. Once you know the components and procedure of executing the manifestation techniques then, you can do all those things which are really important in your life.

## ***Mastering Manifestation***

Discover And Live The Art Of Manifestation To Achieve Your Ideal Lifestyle

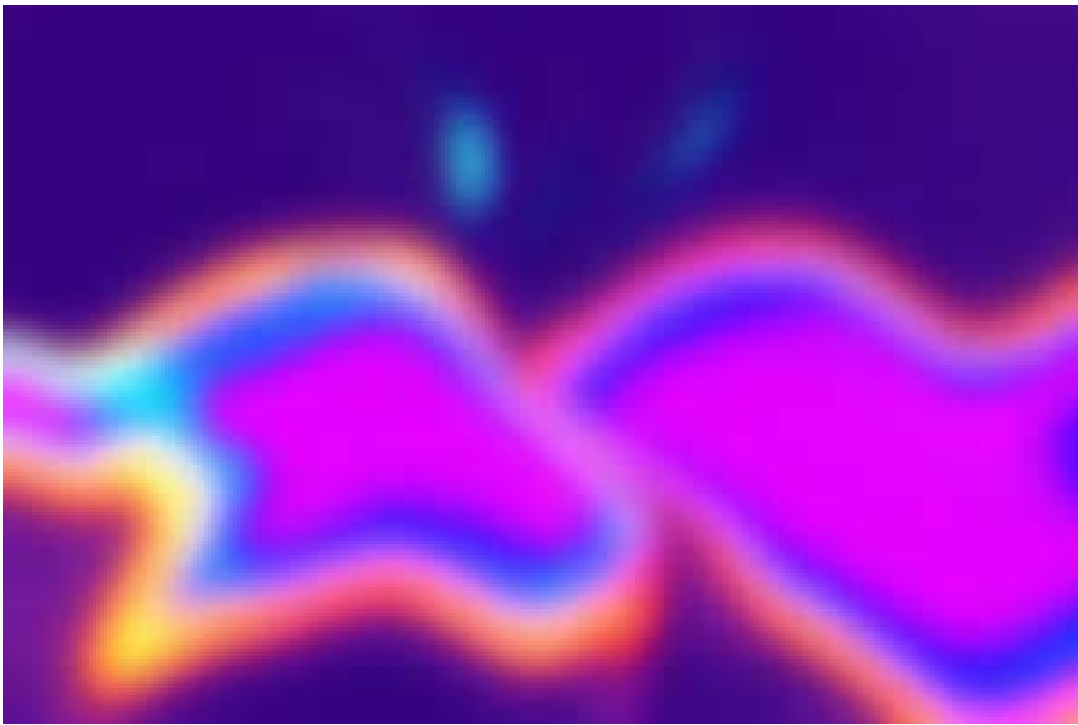
# Chapter 1:

## *Introduction to Manifestation*

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# Synopsis

## 1: INGREDIENTS OF MANIFESTATION



## **What Goes Into It**

If you take more regulated definition of manifestation then, according to Wikipedia “Manifestation is a belief that one can by force of will, desire and focused energy makes something true on physical level”

In other words, you can say that manifestation is the ability to control physical aspects of life through your mind power. This is a very powerful tool if you can learn it properly because it can make all of your wishes and dreams come true but this does not happen without any struggle instead struggle is needed to bring everything up. There is a more complex or I will say more detailed definition of manifestation according to David Spangler and he states that

“Manifestation is the art of fashioning a co-creative, synchronistic, and mutually supportive relationship between the inner creative energies of a person’s own mind and spirit and their counterpart within the larger world in order to bring a new and desirable situation into being.”

Human thoughts are very powerful phenomena and according to a theory every human experiences more than 50,000 thoughts a day and all of these thoughts depict on the personal life of that person.

The house you own, the car you drive and bank balance you have, are all the outcomes of your thoughts and once you hear this then, question comes that can we manipulate our physical life by thinking in a more focused way and bringing those thoughts into existence? The answer is a straight yes because this is what manifestation is all about.