

The book cover features a dark background with a basket of fresh produce on the left, including a green mango, a red onion, and several tomatoes. On the right, a white rectangular plate is filled with a meal consisting of rice, shredded carrots, a slice of cucumber, and a portion of dark, saucy meat. The text is centered and reads:

TULSA LOCAL EATS

.....

LOCALLY OWNED AND
OPERATED RESTAURANTS
2022

Brad Smith

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NAVIGATION - PDF

This is the PDF Version. A Kindle Version is available.]

Note: DO NOT USE THIS EBOOK WHILE DRIVING! Select the restaurant from your home or hotel. If you have a navigator, they can select while you are driving. **SAFETY FIRST!**

Navigation may look complicated but once you try, it's easy from then on.

PDF Instructions

Note: PDF on Amazon Fire will not show the Contents or follow links. Use the Kindle version.

iPhone PDF:

Get the **free Adobe Acrobat Reader** app or use the **iPhone BOOKS** app.

To get the PDF file into Acrobat or BOOKS app:

Find the **PDF file in email or messages or Messenger** depending on how it was sent.

Tap the box with the up arrow.

Scroll the apps and **tap More** if needed.

Scroll down to **Acrobat or Books**.

Select the **app to open the PDF**.

The PDF will **open** in the app and save it to that **app**.

In iPhone BOOKS:

For **Table of Contents**, **tap the page** then **tap 3 lines at the top**. If you don't see Contents, **tap the middle of the 3 top center icons**. The left icon will take you to a list of pages. The right icon is to set/reset a bookmark.

Tap the chapter you would like to see.

To enable **vertical scrolling**, **tap the page** and **tap the AA icon**.

Tap the vertical scrolling switch. It will turn green. Vertical scrolling is easier for me.

To Search: **tap the page** then **tap the magnifying glass**. Type your search term. A list of suggestions will be shown. **Tap the selection** you would like to see. **Tap the page twice** to return to reading.

To exit search mode, **tap Cancel** then tap the page to resume reading.

In Acrobat Reader:

For **Table of Contents**, tap the page then tap the 3 dots at the top right.

Tap **Bookmarks** then tap the chapter you would like to see.

OR: Tap the page then tap the icon that looks like a ribbon. Then tap the chapter.

To **Search**, tap the page then tap the magnifying glass. Enter your search term.

Tap Search. The first page that contains the search item will be shown with the term highlighted. Tap > to show the next search result. Tap < to go back one result.

Tap the selection to go to that page.

To enter a new search term, tap the X at the right of the search box.

To go to the page shown, tap the X at the left of the page shown and tap the page to resume reading.

Android PDF:

Do not use Google Play Books. It does not have the features for this book:

Download the **free Acrobat Reader app**.

Download the ebook from gmail, Messages or Messenger:

Tap the ebook file.

The ebook will be shown. Tap the download arrow.

Open the **Files app**. Tap **downloads**.

Tap the ebook file.

Tap Open with...

Tap Adobe Acrobat app. Do not select Google Play Books!

For **Table of Contents**, tap the 3 dots at the upper right.

Tap Contents and tap **Contents** instead of bookmarks.

Or tap **Bookmarks** and tap **Contents** instead of Bookmarks. (really!)

To Search, tap the page and the magnifying glass.

Enter your search term. Tap the magnifying glass at the bottom to start searching.

The first page that contains the search item will be shown with the term highlighted. Tap > to show the next search result. Tap < to go back one result.

Tap the arrow at the top left to go to that page. **Tap the page** to continue reading.

NOTE: the first time you tap on the address you may be asked to tell the map to use "your location". It should remember this.

Tulsa Local Eats 2022

Tulsa locally owned and operated restaurants

Available in Kindle and PDF formats

Works on iPhone and Android

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Please honor my copyright.

Any trademarks or copyrights of the Restaurants listed are owned
by the Restaurants themselves.

Disclaimer: accuracy has been most important in this ebook.
However, mistakes always come up. If you find errors, typos, etc.,
please let me know and I will correct them ASAP. Thanks!
If you have any questions, feel free to ask.

[Email here.](#)

WELCOME TO TULSA

We are an eating out, crazy bunch of people. We are fortunate to have hundreds of Tulsa and Oklahoma owned restaurants. Some were established here 50 years ago.

Thank you for purchasing our 2022 guide. If you have any suggestions or want to create a guide for your city, please email me at brad55@2000sites.com

About

The author (compiler?) has been eating out too much in Tulsa for over 50 years! I have used large type for people with fat fingers (like me) to be able to navigate easily.

Several BBQ restaurants use Hasty Bake Charcoal Grills to cook their mouth-watering BBQ: Boston Deli, Burn Co and others.

In 1948, Grant Hastings produced the first Hasty Bake Charcoal Grill. As one of the original manufacturers of the "backyard barbecue," Hastings was a pioneer in the industry. Specifically, Hasty Bake introduced the first portable unit, the first hooded unit, and a new method of cooking using indirect heat. Hastings' design controlled the intensity of heat by using vents, a heat deflector, a ventless hood and an adjustable fire box, revolutionizing the method in which food was cooked. All Hasty Bake Charcoal Grills are manufactured and assembled in Tulsa, OK since 1948.

<https://www.hastybake.com/>

More About Tulsa:

<https://www.thrillist.com/travel/nation/things-to-do-tulsa-oklahoma>

How to use this directory

To browse just scroll up and down. The restaurants are listed by categories: BBQ, Asian, Burgers, etc. Most places are in alphabetical order within the category except for a few featured places. Searching is explained above in “Navigation.”

When you find a restaurant you like, there are 3 links:

Phone Number: tap the number then tap OPEN.

The number will be shown and a CALL button. Tap CALL to reach the restaurant. Your phone will be connected. After the call go back to the PDF app to continue browsing the directory.

Website URL: tap the website and then OPEN. The website will be shown. Return to the directory as above. If your PDF app has a “Done” button, tap it instead of exiting your browser.

Address: tap the address then OPEN to see your driving directions to the restaurant.

Note: some phone apps will skip the OPEN button and go directly to the link.

If you are using a PC or MAC, the phone links do not work. Also, for driving directions you must put in “your location” for the directions to work properly.

See more info above under “Navigation”

On Kindle Fire tablets, the phone link will ask you to “add to your contacts” but will not call.

ABOUT THE AREA

Tulsa suburbs (towns) are:

Bixby – South of Tulsa on Memorial Drive

Broken Arrow – (BA) – Southeast of Tulsa

Catoosa – East of Tulsa on I-44 (Hard Rock Casino)

Coweta – East of BA

Jenks – West of 96th St. South and Riverside Drive/Parkway
(River Spirit Casino nearby)

Owasso – North of Tulsa on US 169

Sand Springs – (SS) – West of downtown Tulsa

Sapulpa – (SA) – Southwest of Tulsa

Skiatook – Northwest of Tulsa

In Tulsa we have a Quik Trip (QT) convenience store, Walgreens, CVS, churches, and a dispensary on every corner.

QT is a Tulsa based convenience store chain. They have the friendliest staff and good selection of food and drinks. The pizza and brisket sandwiches are great! They set gas prices for the entire area but you can buy gas at a discount at Sam's (3 in Tulsa) if you are a member.

BARBECUE

Situated between Kansas and Texas, we have similar BBQ as theirs.

Lots of hickory smoke, some pecan and cherry.

Sauces are sweet, smoky, or hot.

Some places worth the trip are Boston Deli and Grill, Oklahoma Joe's, Luke's in East Broken Arrow (BA), Rib Crib – many locations, Billy Sims – many locations.

Burnt Ends (brisket) are a relatively new popular item, try Luke's and Oklahoma Joe's.

Boston Deli Grill and Market

Boston Deli Grill & Market restaurant is a multi-award-winning deli by day with upscale bold Contemporary Midwest Comfort Cuisine by night in Tulsa, Oklahoma. Featuring phenomenal wines and service to match. The Boston Deli Grill & Market specializes in off-site event catering in Tulsa, OK. The restaurant has been known for its award-winning food in Tulsa, Oklahoma for over 25 years. Superior BBQ weekdays and Hasty Bake smoked ribs Saturday evenings.

[\(918\) 492-4745](tel:(918)492-4745)

[6231 E 61st St, Tulsa, OK 74136](https://www.thebostondeli.com/)

<https://www.thebostondeli.com/>

1907 BBQ

(918) 928-7353

1124 S Lewis Ave Suite 107, Tulsa, OK
74104

<https://www.1907bbq.com/>

Albert G's BBQ Downtown

(918) 728-3650

421 E 1st St, Tulsa, OK

<https://albertgs.com/downtown-menu/>

Albert G's BBQ Harvard Ave

(918) 747-4799

2748 S Harvard Ave, Tulsa, OK

<https://albertgs.com/harvard-menu/>

Albert G's BBQ Tulsa Hills

(918) 921-8080

7588 S Olympia Ave, Tulsa, OK

<https://albertgs.com/tulsa-hills-menu/>

Big Daddy's BBQ

(918) 271-5629

2131 North Lewis Avenue, Tulsa, OK
74110

<https://www.bigdaddysbbqtulsa.com/>

Big Daddy's BBQ West Tulsa

(918) 292-8081

2303 W 41st St, Tulsa, OK 74107

<https://www.bigdaddysbbqtulsa.com/>

Billy Ray's BBQ BA

(918) 286-8585

1904 S Elm Pl, Broken Arrow, OK 74012

<https://www.billyraysbbq.com/>

Billy Ray's BBQ West Tulsa

(918) 445-0972

3524 Southwest Blvd, Tulsa, OK 74107

<https://www.billyraysbbq.com/>

Billy Sims BBQ 91st Tulsa

[\(918\) 794-9898](tel:(918)794-9898)

[7719 E 91st St, Tulsa, OK 74133](https://www.billysimsbbq.com/)

<https://billysimsbbq.com/>

Billy Sims BBQ Broken Arrow

[\(918\) 258-1978](tel:(918)258-1978)

[2427 W Kenosha St, Broken Arrow, OK
74012](https://www.billysimsbbq.com/)

<https://billysimsbbq.com/>

Billy Sims BBQ Brookside Tulsa

[\(918\) 794-8080](tel:(918)794-8080)

[3807-A S Peoria, Tulsa, Oklahoma 74105](#)

<https://billysimsbbq.com/>

Billy Sims BBQ Jenks

[\(918\) 879-1978](tel:(918)879-1978)

[807 E A St, Jenks, OK 74037](#)

<https://billysimsbbq.com/>

Billy Sims BBQ Owasso

(918) 376-4644

12416 East 86th St N, Owasso, OK 74055

<https://billysimsbbq.com/>

Billy Sims BBQ Sand Springs

(918) 419-2200

104 N Adams Rd, Sand Springs, Oklahoma
74063

<https://billysimsbbq.com/>

Billy Sims BBQ Sapulpa

[\(918\) 512-8268](tel:(918)512-8268)

[1024 E Taft Ave, Sapulpa, OK 74066](https://www.billysimsbbq.com/)

<https://billysimsbbq.com/>

Billy Sims BBQ The Farm Tulsa

[\(918\) 270-1978](tel:(918)270-1978)

[5225 S Sheridan Rd, Tulsa, OK 74145](https://www.billysimsbbq.com/)

<https://billysimsbbq.com/>

Burn Co Barbeque Jenks

(918) 528-6847

500 Riverwalk Terrace #135, Jenks, OK

74037

<https://www.burnbbq.com/>

Freddies BBQ and Steakhouse Sapulpa

(918) 224-4301

9999 State Highway 66, Sapulpa,

Oklahoma 74066

<https://www.freddiesbbq.com/>

Golden Saddle BBQ Steakhouse

[\(918\) 835-2882](tel:(918)835-2882)

[6618 E Admiral Pl, Tulsa, OK 74115](https://www.google.com/maps/place/6618+E+Admiral+Pl,+Tulsa,+OK+74115)

<https://www.facebook.com/Golden-Saddle-Cafe-136612439721221/>

Hickory House BBQ Sapulpa

[\(918\) 224-7830](tel:(918)224-7830)

[626 N Mission St. Sapulpa, OK 74066](https://www.google.com/maps/place/626+N+Mission+St,+Sapulpa,+OK+74066)

<https://hickoryhouseq.com/>