

DRINK & FOOD

STARBUCKS COFFEE

MISS COFFEE BABY



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Rum-Sauced Bananas

STARBUCKS FRAPPUCCINO

1/2 cup fresh espresso
2 1/2 cups low-fat milk (2 percent)
1/4 cup granulated sugar
1 tablespoon dry pectin

Combine all of the ingredients in a pitcher or covered container. Stir or shake until sugar is dissolved. Chill and serve cold.

Makes 24 ounces.

To make the "Mocha" variety:

Add a pinch (1/16 teaspoon) of cocoa powder to the mixture before combining.

To make espresso with a drip coffee maker and standard grind of coffee:

Use 1/3 cup ground coffee and 1 cup of water.

Brew once then run coffee through the machine again, same grounds.

Makes about 1/2 cup fresh espresso to use in the above recipes.

STARBUCK'S CHAI TEA

3 cups water

3 cups milk (I use skim)

6-8 black or decaf black tea bags

1/2 cup honey

1 tsp ground cinnamon

1 tsp ground cardamom

1/2 tsp ground nutmeg

1/2 tsp ground cloves (I use less because I don't like too strong a clove taste)

1/2 tsp ground ginger (or a mashed small chunk of fresh)

Bring water and milk to a boil. Add other ingredients, return to boil. Turn off heat and let steep for 3-5 minutes. Remove tea bags then filter through a fine strainer. Good hot or cold.