

What You Need to Know to Keep Your Dog Healthy.



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Chapter 1: How to have a healthy dog.



Dogs are amazing animals. They work hard to keep themselves healthy. They eat well, rest well, and play hard. A dog is healthy when he moves around and shows enthusiasm.

Healthy dogs know how to have fun and enjoy life. Like people, they need regular exercise to stay healthy and prevent obesity. Walking your dog every day is a great way to get some exercise, and it's a bonding experience for you and your dog. A healthy diet is vital for keeping dogs in tip-top shape. Dogs with allergies may require a hypoallergenic diet, while a dog with diabetes may need a special diet to help regulate its blood sugar levels.

However, some dogs have a more severe problem, especially when they become seniors. They become incredibly sick. When a dog is sick, it loses energy and becomes weak. This dog becomes lethargic, is very unproductive, and is constantly sleeping. Also known as canine cognitive dysfunction, it is less well

known than canine cognitive dysfunction syndrome, associated with aging and dementia. Eventually, the dog dies.

Dogs are just like people. If they are healthy, they will stay strong and energetic dogs. They need to be fit to remain strong and vibrant. To keep them healthy, they need to exercise and eat a nutritious diet. But if they get sick, they will lose their strength and die.