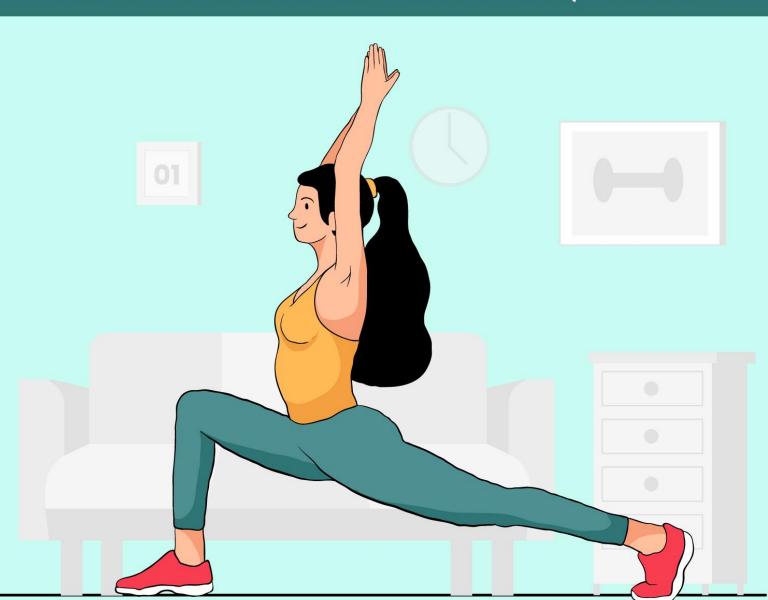
## HOME BASED TRAINIG

HOW TO SET UP EFFECTIVE HOME BASED WORKOUTS WITHOUT SPENDING THOUSANDS ON EQUIPMENT!



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