

THE POWER OF  
**POSITIVE THOUGHTS**  
IN THE POST MODERN AGE



**MANIFEST POSITIVE THOUGHTS  
IN THIS FAST PACE AGE**

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# Foreword

Positive thinking is an attitude that admits into the brain thoughts, words and pictures that are conducive to development, expansion and success.

It's an attitude that expects great and favorable results. A positive mind expects happiness, joy, health and a successful result of each situation and action. Whatever the brain anticipates, it finds.

Not everybody accepts or believes in positive thinking. A few consider the subject as simply nonsense, and other people scoff at individuals who believe and accept it. Among the individuals who accept it, not many know how to utilize it effectively to acquire results. Yet, it appears that many are becoming pulled in to this subject, as demonstrated by the many books, lectures and courses about it. This is a subject that's gaining popularity.

It's rather common to hear individuals state: "Think positive!" to somebody who feels down and worried. Most individuals don't take these words earnestly, as they don't know what they truly mean, or don't consider them as useful and effective. How many individuals do you know, who stop to think what the power of positive thinking means?

***The Power Of Positive Thinking In The Post Modern Age***

***Manifest Positive Thoughts In This Fast Pace Age.***

# Chapter 1:

## *The Power of Thoughts*

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Think about certain events in your lifespan, and attempt to recall what mixture of thoughts you often had, prior to a specific event occurring. Attempt to discover the affiliation between your thoughts and the events.

How many times did something occur in your lifespan and you stated: "I knew this was going to happen."

