

FRIENDS FOUNDATION



**THE BUILDING BLOCKS OF A
BUDDING SOCIAL NETWORK**

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Introduction



No man is an island.

That may sound a cliché but it definitely holds true to everyone – to you, to me, to them.

Remember the first man God has made? He was Adam. He lived alone for a while- the length of time we do not know. However, God saw that he was sad and lonely. He was the highest creature that was made. He had everything he wanted. Yet, he was not happy. Why? It is simply because life without other people is not worth living.

Imagine yourself in Adam's place. You've got all the food you want to eat, beautiful places you want to go, and money you want to spend. You have everything you want to have, and you are going to make use of them- alone.

Perhaps, it was not easy for Adam. And God saw what was missing in his life. Another human being was created to live with him and journey life's highway with him. He became happy. He became contented.

That is also the scenario in our lives. We may have everything we need even what we want. But, there got to be people in our lives whom we can share our lives with.

The fact is that, we were created sociable. Not only does it apply to people before. Until now, it still remains the same. Being sociable is not something we can avoid nor hide. It is in us and all we can do is accept it and make it work for us.

Yes, man can live alone. In fact, a lot of people nowadays are independent. They have a house of their own, earn real cash for