

# BODY LANGUAGE

# MASTERY



**MASTER HUMAN PSYCHOLOGY BY READING  
THE WAY PEOPLE BEHAVE WITH THEIR BODIES**

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# Foreword

Body language is another form of subtle communication often practiced consciously or unconsciously. This “language” is fast gaining the interest of many people. Body language though very relevant but can sometimes be wrongly interpreted, however it is still useful.



## ***Body Language Mastery***

Master Human Psychology By Reading The Way People Behave With  
Their Bodies

# Chapter 1:

## *Introduction To Body Language*

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There are many form of communication and sometimes a person's body language can actually indicate more things than the spoken word. Learning to understand body language can be very beneficial both in the work environment as well as on a more personal front. Body language reveals personal feelings and reactions to other people's feelings. However is has yet to be proven to be a science form and is not a real indicator to anything as it can be and is often manipulated.

