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## Introduction

What has my marriage come to? Is it coming to an end?

#### Can I still save it?

Marriage affects your entire life—through marriage, you connect to a person in one of the deepest and most profound ways possible. Sadly, however, not all marriages make it until the end. Some marriages crumble and fail, slowly disintegrating and fading away—others burn out quickly, almost as if it were never there.

You've likely picked up this book because you're at your breaking point and at a loss for solutions. There is no one-size fits-all way to save marriages or mend the broken pieces, but there are numerous practical advice and values one may instill slowly but surely to pick up the broken pieces and heal the hurts of your marriage.