# Life hack <br> HOW TO <br> WIN FRIENDS <br> AND <br> INFLUENCE PEOPLE WORKBOOK 

A Companion for Your Success Journey

## The Win Friends and Influence People Workbook

## Get Inspired to Better Your Life

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## Introduction

This book is dedicated to two special who started it all: My Parents

After reading Part 1: Fundamental Techniques in Handling People: "If You Want to Gather Honey, Don't Kick Over the Behive" What did you learn from this? Is criticism good? Think about what Principle 1 tells you: Should you criticize, condemn, or complain? Write and reflect your honest thoughts below:

After reading Part 1, Fundamental Techniques in Handling People: "The Big Secret of Dealing with People." What did the phrase "I am hearty in my approbation and lavish in my praise" mean to you? What are your thoughts on Principle 2: "Give honest and sincere appreciation." Write and reflect what you wrote below:

