

# SURVIVING

The Trauma Of



# ABUSE

2022 Calender

## **WHAT IS AN I.S.V.A.**

**Four small insignificant letters. Company? Govt Dept? Medical term?  
Computer?**

**Trust me, You're so wrong, and I say and mean this from the bottom of my  
heart, be glad, be thankful.**

**To those of us, who've been in need of their services, advice, support –  
without question, the term I.S.V.A means much mor**

**The term itself, pretty self explanatory:  
Independant Sexual Violence Advocate**

**But these people are so much more than any term or definition you could tag  
them with, they do it all on top of dealing with their own problems, crisis, yet no  
matter how bad, they're there for you all the way.**

And when you reach a certain age of dealing with a crisis long since over, that rears its ugly head and wont go away till you take steps, ask for help and deal with it, then these are the people you need, and like me you would probably say “thank you” for joining me on the journey, no matter how rough it was. And seeing it all the way with me.

Thank you for your strength and unwavering belief, that we will get through it.

Someone who comes into your life when you're at your worst and helps you through to become the best me you can be, guiding, supporting us back to the life we can have.

That's what those four small letters mean to me and people like me.

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## January

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## February

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

## March

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

# The Trauma Of

## April

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## May

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## June

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

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