

UNCONDITIONAL LOVE

*How to Increase Your
Happiness by Loving
Without Reservations*

ALL RIGHTS RESERVED. No part of this report may be modified or altered in any form whatsoever, electronic, or mechanical, including photocopying, recording, or by any informational storage or retrieval system without express written, dated and signed permission from the author.

AFFILIATE DISCLAIMER. The short, direct, non-legal version is this: Some of the links in this report may be affiliate links which means that I earn money if you choose to buy from that vendor at some point in the near future. I do not choose which products and services to promote based upon which pay me the most, I choose based upon my decision of which I would recommend to a dear friend. You will never pay more for an item by clicking through my affiliate link, and, in fact, may pay less since I negotiate special offers for my readers that are not available elsewhere.

DISCLAIMER AND/OR LEGAL NOTICES: The information presented herein represents the view of the author as of the date of publication. Because of the rate with which conditions change, the author reserves the right to alter and update his opinion based on the new conditions. The report is for informational purposes only. While every attempt has been made to verify the information provided in this report, neither the author nor his affiliates/partners assume any responsibility for errors, inaccuracies or omissions. Any slights of people or organizations are unintentional. If advice concerning legal or related matters is needed, the services of a fully qualified professional should be sought. This report is not intended for use as a source of legal or accounting advice. You should be aware of any laws which govern business transactions or other business practices in your country and state. Any reference to any person or business whether living or dead is purely coincidental.

Copyright ©

TABLE OF CONTENTS

Introduction.....	5
Conditional Love	7
Codependency vs Unconditional Love.....	12
The Challenges and Disadvantages of Unconditional Love.....	17
Breaking Through Your Love Limits	22
<i>Personal Rules</i>	23
<i>Ego</i>	25
<i>Lack of Communication</i>	29
<i>Desire to Change the Other Person</i>	32
<i>Lack of Commitment</i>	35
Creating Unconditional Love in Your Life	38
The New Relationship & Unconditional Love....	44
Conclusion	52

“I believe forgiveness is the best form of love in any relationship. It takes a strong person to say they're sorry and an even stronger person to forgive.”

- YOLANDA HADID



INTRODUCTION

The idea of unconditional love sounds wonderful. We all want to be loved without reservations or conditions. However, it's not easy to love unconditionally. It's certainly easier to be on the receiving end of unconditional love, but it's not fair to expect to receive what you're not willing or able to give.

Unconditional love is love without limitations or conditions. That sounds great, but what does it really mean?

There are no hard and fast rules when it comes to unconditional love. What it means to one person can vary greatly from the opinions of another. It's your life, and your love to give. You can create your own definition, which you'll do later.

**By the time your finish this eBook,
you'll have a much better
understanding of:**

- The concept of unconditional love
- How to love unconditionally
- The obstacles to loving unconditionally
- How to get a new relationship off on the right foot
- Codependency
- How to practice unconditional love in your day-to-day life

“You don't love someone for their looks, or their clothes, or for their fancy car, but because they sing a song only you can hear.”

- UNKNOWN