The 1-Minute Gratitude Bullet Journal:

Your Life Well-Lived in 1-Minute Per Day

By: Myles Saulibio

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Introduction

This book is dedicated to my parents Agapito and Eluteria Saulibio
I love you
I'm sorry
Please forgive me
Thank you



"Failure is the condiment that gives success its flavor"

Truman Capote		



"Life is 10% what happens to you and 90% how you react to it"

Charles R. Swindoll