

HIKERS Checklist

CAMPING GEAR

<input type="checkbox"/>	Tent	<input type="checkbox"/>	Duct Tape
<input type="checkbox"/>	Sleeping Bag	<input type="checkbox"/>	Folding Shovel/ Saw
<input type="checkbox"/>	Sleeping Pad/ Groundsheet	<input type="checkbox"/>	Pot Lifter
<input type="checkbox"/>	Backpack	<input type="checkbox"/>	Rope or Bungee Straps
<input type="checkbox"/>	Toilet Paper	<input type="checkbox"/>	Pot or Billy Can

EQUIPMENT

<input type="checkbox"/>	Camping Knife	<input type="checkbox"/>	Carabiners
<input type="checkbox"/>	Compass	<input type="checkbox"/>	Waterproof Pouch
<input type="checkbox"/>	Flashlight	<input type="checkbox"/>	Hiking Poles
<input type="checkbox"/>	Head Lamp	<input type="checkbox"/>	Cell Phone/ Solar Charger
<input type="checkbox"/>	Safety Matches	<input type="checkbox"/>	Map(s)

CLOTHING

<input type="checkbox"/>	Camp Shoes	<input type="checkbox"/>	Gloves
<input type="checkbox"/>	Boots	<input type="checkbox"/>	Towel(s)
<input type="checkbox"/>	Socks (no of days + 2)	<input type="checkbox"/>	Underwear
<input type="checkbox"/>	Soap/ Shaving Gear	<input type="checkbox"/>	Watch
<input type="checkbox"/>	Dish Soap (bio-degradable)	<input type="checkbox"/>	Parka/ Sweater

FOOD AND SUPPLIES

<input type="checkbox"/>	Meals and Snacks	<input type="checkbox"/>	Cooking Pot
<input type="checkbox"/>	Trail Mix	<input type="checkbox"/>	Cookstove/ Fuel
<input type="checkbox"/>	Water Bottle	<input type="checkbox"/>	Condiments
<input type="checkbox"/>	Water Treatment Tablets	<input type="checkbox"/>	Bowl/ Mug/ Plates
<input type="checkbox"/>	Tea Towel or Paper Towels	<input type="checkbox"/>	Eating Utensils

MISCELLANEOUS

<input type="checkbox"/>	Insect Repellent	<input type="checkbox"/>	Spare Batteries
<input type="checkbox"/>	Lip Balm	<input type="checkbox"/>	Deck of Cards
<input type="checkbox"/>	First Aid Kit	<input type="checkbox"/>	Sunscreen
<input type="checkbox"/>	Deodorant	<input type="checkbox"/>	Headphones
<input type="checkbox"/>	Garbage Bags	<input type="checkbox"/>	Toilet Paper

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