# CONFIDENT IN 4 HOURS BOOST SELF-ESTEEM

MINDCACHE PTE.LTD.

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#### GET MORE CONFIDENT AND BOOST YOUR SELF-ESTEEM

#### All you need in 4 hours

#### GET THE RIGHT MINDSET FOR YOUR LIFE

Do you seriously want to change?

Do you want to learn the essential qualities for being self-fulfilled?

Do you want to acquire a good mindset to succeed?

Do you want to acquire the essential skills for overcoming fear?

Do you want to learn how to gain respect and reach success?

Do you want to get to the endpoint without the waffle?

√ Learn instant techniques to aid your abilities
√ Get into a healthy state of mind.
√ Get into the 'zone' to focus on your goals
√ Be efficient with your time
√ Learn coaching, mentoring, team building, decision making

Learn from a seasoned CEO and CCO in Finance in the City of London, Hong Kong, and Singapore with 35 years of career experience and 60 years of life experience.

MSc. Neuroscience and Psychology

The Institute of Psychiatry, Psychology, Neuroscience, King's College,

University of London

MBA MFinance BA (Hons) PDhyp Dhyp MBSCH CHT (London and USA)

Innovation Certifications at Oxford, Cambridge, MIT, Harvard, and University of Virginia.

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