

GOD'S DNA DECODED

*How to Be What You Were
Really Meant to Be!*

DR. HENRY B. NAIKEN, MSc.D
BERYL S. CONFAIT B.A. PSYCH., PGDPsych



Strategic Book Publishing and Rights Co.

Copyright © 2013

All rights reserved — Dr. Henry B. Naiken, Msc.D and Beryl S. Confait
B.A. Psych., PGDPsych

No part of this book may be reproduced or transmitted in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, taping, or by any information storage retrieval system, without the permission, in writing, from the publisher and author.

Strategic Book Publishing and Rights Co.
12620 FM 1960, Suite A4-507
Houston, TX 77065
www.sbpra.com

ISBN: 978-1-62516-368-4

Nathan Julie, this will be the '*only*' key you will ever
need to accomplish all your dreams, for within your
Essence God's DNA has been engraved.

CONTENTS

FOREWORD	vii
A BURNING DESIRE - THE FIRST FORCE OF POWER	1
FEAR - THE SECOND FORCE OF POWER	3
CURIOSITY - THE THIRD FORCE OF POWER	7
RISK TAKING - THE FOURTH FORCE OF POWER	11
KNOWLEDGE - THE FIFTH FORCE OF POWER	13
PASSION - THE SIXTH FORCE OF POWER	15
DEDICATION - THE SEVENTH FORCE OF POWER	17
NEVER-ENDING DETERMINATION - THE EIGHTH FORCE OF POWER	29
WHY DO WE FAIL?	31
ACTION - THE NINTH FORCE OF POWER	35
DNA STRANDS UNCODED	39
MIND-SET V/S HEART-SET	49
SUCCESS STORIES ARE NOT BOUND BY AGE	55
SO WHAT DO YOU WANT?	65
IDENTIFYING GOD'S DNA IN YOUR ESSENCE	73
HOW TO GAUGE THE POWER OF GOD'S DNA IN YOUR DESIRES	79
FROM A JACK TO A KING IN A MATTER OF SECONDS	89
MARRIED OR NOT, YOU SHOULD READ THIS	95
YOU WILL SEE RESULTS	99

DOMINATING FORCE	103
SUPPLEMENTARY FORCES	109
POSITIVE ATTITUDE	115
GAME PLAN	123
MENTORING – AN INTEGRAL PART OF GETTING WHERE YOU WANT TO GO	129
INTUITIVE THINKING	137
WHERE WILL THE ANSWERS COME FROM?	151
BONUS SECTION	
THE SCIENCE OF EASIOLOGI	159
WELCOME	161
SO WHAT EXACTLY <i>IS</i> EASIOLOGI?	163
“OK, CAN’T YOU JUST SHOW ME THIS EASIOLOGI THING?”	167
E – THE FIRST PRINCIPLE OF EASIOLOGI: FOCUSED ENERGY	171
A – THE SECOND PRINCIPLE OF EASIOLOGI: FOCUSED ATTENTION	173
S – THE THIRD PRINCIPLE OF EASIOLOGI: STRAIGHT LINE	175
I – THE FOURTH PRINCIPLE OF EASIOLOGI: INESCAPABILITY LAW OF ACTION/REACTION	179
O – THE FIFTH PRINCIPLE OF EASIOLOGI: OBSERVATION (OR CLEAR VISION)	181
L – THE SIXTH PRINCIPLE OF EASIOLOGI: THE LAW OF LOVE	183
O – THE SEVENTH PRINCIPLE OF EASIOLOGI: OPPORTUNITY	187
G – THE EIGHTH PRINCIPLE OF EASIOLOGI: THE POWER OF GOD IN OUR LIVES	191
I – THE NINTH PRINCIPLE OF EASIOLOGI: THE POWER OF YOUR IMAGINATION	193
THE SCIENTIFIC EASIOLOGI FORMULA FOR SUCCESS	195
YOUR THREE SOURCES OF EASIOLOGI POWER	199
CLOSING CHAPTER	203
TEN TIPS FOR FINANCIAL FREEDOM	207
ARTHUR	215
FINAL WORDS	219

FOREWORD

GOD'S DNA has already been engraved or *CODED* in our *ESSENCE* and thus doesn't need any book to reveal its secret to you or anyone out there, or even me for that matter.

How do I know?

Many students after attending my seminars and reading other related new age books, on a repeated basis, would keep telling me about their failures or lack of motivation in doing what it takes to achieve success.

Students, participants and clients who attend my seminars and counselling sessions would acknowledge that there is something missing from their lives, something started but not finished, and something forethought but never attained.

This something is usually related to a disconnection between who they were and what they did, between what they wanted and what they had, or between what they set out to do and what they achieved.

Years later, after many emails and phone calls of the same '*challenges*' I decided to seek the *why* of the problem and like all other moments in my life when I needed an answer it was *generated* right in front of my mind in one of my deep meditation sessions.

I am going to start revealing this *Ultimate Secret* by sharing with you my own personal life story. See if you can detect it as you read along. If not, maybe the stories of other similar people in other chapters will bring it out in the open. Yet if you still do not get the idea of what it is all about, then in the following pages of this book you will. As I said at the

beginning, you will never ever need any other book again in your life to know any new secrets about mind over matter. After reading this book you will simply **Generate, Operate** and **Develop** what is already there in your **Essence**, waiting to be released. You will then affirm your thoughts on self-empowerment or mind over matter, with these words – **Never Mind... It Doesn't Matter!**

A BURNING DESIRE

THE FIRST FORCE OF POWER

I was born in Dar-es-salaam, Tanzania on the 26th of August 1957, from parents who had immigrated to that part of the world when they were young.

My first day at school ended in tears. Here I was a boy of six yet fully aware that the mother who had brought me to school on my first day was about to go back home which was 42 miles away. From then on, I would be in the care of a stranger with many other kids called a boarding house. You can imagine the anxiety it caused.

The first-born in our family was one year older, yet he was bestowing a confidence of an adult, so I clutched on to him for physical and mental support at all times. Well, to be more precise for the first fifteen years of my life.

Now I want to introduce you to what I mean by ***GOD'S DNA Is Coded In Our ESSENCE...***

Despite being a laggard at the initial stages of my life, God's DNA strands within my Essence was revealing itself. You see even at the age of six, in all my so-called weaknesses I slowly began to *observe nature as it moved...* yes all things shifting – from a simple leaf to the monkeys on trees outside the classroom windows, to the teacher in the front of the room.

Surprisingly I had the ability to grasp all their movements in such a way that I could replicate those same features later on for making people laugh. I did this in a theoretic sort of way that brought joy to their souls.

For this one-boy-show at the early age of six going on to seven, my fee was one Tanzanian Shilling. The audience that consisted of my mother, father and their friends, loved the 'act' so much that at the end of my scenes they would ask for an encore. I obliged dearly and they exchanged value for my worth by paying another shilling each.

At that age, I did not have any goals nor performed any visualization technique to become a stand up comedian. It just dawned on me that I had the joy, an inner desire to do this, i.e.; copy nature as it moved. For what reason, I did not know the intention at that time... it would all come to me later on in the other strand of God's DNA in my Essence!

The next 'strand' in my Essence made itself present one school month. You see, the school had introduced film shows as part of its Extra Curricular Activities (ECA) as a way to help motivate kids, like myself, who hated studying. In order to get a ticket for the show we needed to pass certain tests. Each time there was a Tarzan, Samson or even a Cowboy film to be screened despite failing all my class work, tests and exams, I swear upon my father's grave, I always passed and made it to the show.

Recognised the first Ultimate Success Secret yet?

I will tell you now the **FIRST FORCE OF POWER** that releases your inner Essence is '**A BURNING DESIRE!**'

Worry not; you will soon understand the powerful concept behind this work.