

**STARVED OR DENIED
SEX
IS A TIMED BOMB!**



***SEX IS INTEGRAL TO
AN LEGAL RELATIONSHIP!***

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Introduction - Starved Or Denied Sex

In the beginning, your wife or husband was charming and quite appealing. You had no problems with intimacy in your relationship. Both of you couldn't keep your hands off each other. You felt desired, cherished and loved by each other



Keeping Love and Romance Alive In Your Relationship

Almost every love story begins like a fairy tale. Relationship beginnings are always incredible and they can often experience a renaissance following wedding, honeymoon, or even a special anniversary. Couples often find that the love and romance becomes more of a challenge to keep alive when their lives evolve with jobs, children, and other life commitments. Sometimes love and romance can get lost in the shuffle of life. But the passion can be rekindled and kept alive by finding your inner hopeless romantic.

When it comes to igniting the passion, the best place to begin is at the beginning. Try to recall the things that you did for your companion at the beginning of your relationship. But, if you were never very romantic, don't worry; it's not too late. It's not hard to find the romantic inside you and once you find it the ideas will come and the love will flow.

Often in new relationships, it's the 'little' things that truly demonstrate love and romance. Try to remember romantic days like Valentine's Day, anniversaries and even the date you met or your first date together. Try to send a small, meaningful gift or some flowers to celebrate your feelings for your companion. And this isn't just advice for men! Women should do the same things for their men! Believe it or not, men love flowers and candy, too!

Writing your partner a long love letter describing how you feel for him or her is one of the most touching ways to generate romance. If writing isn't your forte, make a list stating what you love the most about your partner. Letters and lists can name things they do to make you laugh, why you appreciate them, how they make you feel when you are with them, and how beautiful or handsome they are.

Call your partner during the day just to chat. If he or she isn't doesn't answer the phone, leave caring messages on their voice mail. You can even try talking dirty when you know that it is safe!

Gifts are often a surefire way to show someone that you love them. While classics like flowers, candy and fragrances almost always do the trick, other types of gifts can be just as effective. Treat your companion to a romantic dinner and movie. Bring home a bottle of champagne just because. Leave romantic and/or funny cards under the bed pillows or around the house for them to find.

These ideas are simple ways to get you started on the road of romance and love in your marriage. You may have your own ideas eventually, and those will be truly personal. Once you open the door to love and romance in your marriage, you will find a renewed bond between you and your spouse, and a greater level of happiness. And both of you needs to pledge to keep that bond clean, sound and original if your love life is continue being health.

5 Indicators Your Sex Life May Need a Makeover

In most circumstances, majority of relationships start very well. It is when they have taken off that they will suffer turbulence of different kinds in their journey of marriage.

Are you in a relationship? If you are, are you pleased with the amount of sex and intimacy that you are giving and receiving? Are you unsure? For many men and women, this question is a lot harder to answer than it looks. Remember, a marriage is as good Or as bad just as the people in it. There is no other miracle about marriage other than that.

If you are unsure as to whether or not your sex life is good, it may be time for you to find out? Why because if you are pleased with the amount of intimacy that you receive, you should be sure to tell your partner on occasion. Doing so can help to improve your relationship. On the other hand, if you are not pleased with the level of intimacy received, it may be time for you to make a change, like experimenting in the bedroom

Why is Sex not happening? In a marriage, love, care for each other and indimacy are the glue that keeps the two together. If these are deficient in your relationship, the two cannot be together...And as you know it when you are apart from each other, sex cannot happen.

So do you have a good sex life? To help you get an accurate answer to that question, I have put together five indicators that your sex life may need improving as outlined below.,



#1-You Find Sex Boring

Unfortunately, many couples, especially those in long-term relationships, get to a certain point where sex just isn't fun anymore. Does it seem more like work or a chore to you? Being intimate with your partner should not seem like a responsibly that you are required to fulfill. Instead, it should be fun and exciting.

Do you reject being intimate with your partner? Do you put off going to bed with them in fear of being intimate? If you do, your sex life may need an improvement or a change.

#2 -You Are Left Unsatisfied

If and when you do get intimate with your partner, do you achieve maximum pleasure? If not, your sex life may be in serious trouble. This is most often the case with women. Some women find it more difficult to achieve maximum pleasure in the bedroom. But, know that it is possible. You may need to offer suggestions to your partner or guide them. Whatever you do, just be sure to take action right away. A relationship where only one party is pleased, is likely to fail..

#3 Sex Feels Like A Responsibility

As it was previously stated, being intimate with your partner should not seem like work or a responsibility that you must fulfill. If it does, it is time for you to change. Be spontaneous. Initiate sex yourself, as opposed to waiting for your partner to do so. Spice up your intimacy by experimenting in the bedroom with a new position or simply just have relations at a different time and place. Whatever approach you do take, be sure to do something. Do not let an otherwise healthy relationship fail because sex is something that you would rather avoid..