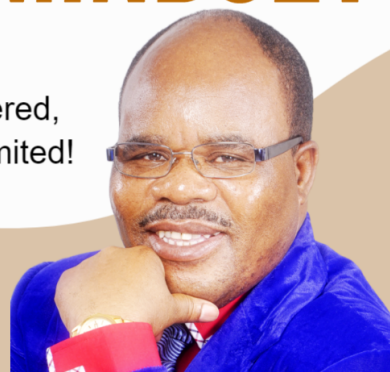


# DISCOVERING MENTAL POTENTIAL

*of your Own  
Mind*

## RICHMINDSET

Cannot be hindered,  
Obstructed Or Limited!



# Table Of Contents

|  |    |
|--|----|
| Discovering The Mental Potential Of Your...        | 01 |
| It is Important To Understand that Every...        | 01 |
| Discovering The Human Mindset;                     | 02 |
| Without The Mindset, There is No Human A...        | 03 |
| ALL HUMAN ACTIVITY IS A TOTAL PRODUCTIO...         | 04 |
| Discovering The Early Years Of Your Mind...        | 05 |
| THE LAND OF THE MINDSET: Very Important ...        | 06 |
| HOW YOU THINK IS PARAMOUNT IN LIFE;                | 07 |
| (Deep Familiarisation With The Culture o...        | 08 |
| Identifying Negative Mental Traits Or Bl...        | 09 |
| Breaking FREE from “Self-Limiting Mental...        | 10 |
| <u>Demolishing Identified Negative Mental B...</u> | 11 |
| Timing is key...You Could Be Running Out...        | 11 |

# Discovering The Mental Potential Of Your Own Mindset

The mindset is a powerful gadget that God has blessed the human with. Your mindset is your gadget, it is your property. I have written here, just as your body is your responsibility to take care of it, so is your mindset. Just as you wash your body, clean your body, dress your body, cover and groom, or exercise your body exactly in the same way so is your mindset.

Your mindset is a total of all what is in you and all that is in you was at some given time in your mindset before being in your real life. Now, as we proceed, it's a learning we want to apprehend.

And freedom comes when you are free in your mindset. Happiness comes when you are happy in your mindset. You can only receive things from God when your mindset is opened up and prepared to receive those things. So, ask yourself this question. And be honest with yourself, if you are really to work on the state of your mindset.

## It is Important To Understand that Every Human Activity Starts in the Mind...

Our greatest battles are in the land of the mind. If one manages to win over, to overcome the wars of the mind, they will be the happiest, health and strongest people in life.

I believe with all my heart that if you can think it, you can do it. Your thoughts define the kind of person you will become. Countless times we blame external circumstances, however the core cause of most people's failures will be in their own thought patterns.

In the process of life and life events everyone should have mental muscles well exercised and trained to stand guard against mental invaders so that one does not allow anything to victimize them verbally, emotionally, and mentally.

We all need to know that anything you allow and embrace in your mind; you have also allowed that same thing into your whole life.

At this starting point I would like to point to the reader that the mindset is an integral component in the human life.

