

How a
**DAILY
PLANNER**
Can Change Your Life



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Disclaimer:

This eBook was written by Diana Keeler. I am not a doctor or health professional, and cannot be held liable for the information written here.

This book is meant to provide information that helps you understand more about planners and how they can benefit you.

It is not intended to provide expert or medical advice. Do not use it as an alternative to seeking help from a professional.

Table of Contents

Chapter 1: Basics of Using a Daily Planner	6
What is a Planner?	7
How Does the Planner Work?	8
Getting Started With a Planner.....	8
How Can You Lessen it?	8
Chapter 2: How a Planner Can Change Your Life	9
You Become a Healthier Person	10
It Improves Your Productivity	10
You Can Relieve Stress	10
Planners Give You More Free Time.....	11
It Becomes a Positive Habit	11
You Will Complete More Goals	12
Planners Help You Move Forward in Life	12
Chapter 3: Quick Guide to Choosing the Perfect Planner	13
Types of Planners to Choose From.....	14
Should You Go Digital or Store-Bought?.....	15
Questions to Ask Yourself Before Choosing a Planner	16
Chapter 4: Types of Planner Pages and Layouts	17
Yearly Calendar Overview	18
Monthly Calendar	18
Weekly Calendar	18
Daily Planner Pages	18
Goals Worksheets	19
To-do Lists and Task Lists	19
Other Pages	19
Chapter 5: Setting Up Your Planner	20
Grab Your Writing Tools and Other Embellishments	21
Are You Going to Color Code?.....	21
Have You Decided What to Include?.....	22
Set Up Calendar Pages First.....	22
Get That Schedule Nailed Down	23
Now for the Lists and Tasks	23
Chapter 6: Creating a Daily Planner Routine	24

Add the Planner to Your Current Daily Routine	25
Develop More Positive Habits	25
Remove All Distractions	25
Chapter 7: How to Become More Organized with a Planner	26
Take Your Time When Setting It Up.....	27
Schedule Planner Use Every Day	27
Add in Fun Stuff Like Colors and Stickers	27
Stick to Just One Planner for Everything	27
Chapter 8: Create Positive Habits with Your Planner	28
Planning and the Law of Attraction.....	29
Turning Your Routine Into a Life-Changing Habit.....	29
Chapter 9: Become a Healthier You with the Planner	30
Reduce Stress	31
Benefits for Anxiety and Depression	31
Take Control of Your Weight	32
Improve Overall Health and Wellness	32
Chapter 10: Use Your Planner for Increased Productivity	33
Setting Work-Related Goals	34
Managing Projects	34
Making the Ultimate To-Do List	34
Being Specific with Your Tasks Lists	34
Chapter 11: How to Find Planner Inspiration	35
Look at Other Planners	36
Check Out Printable Pages	36
Search Social Media	36
Don't Forget Bullet Journals	36
Chapter 12: More Tips for Using Your Planner Effectively	37
Write Everything Down	38
Be Intentional and Specific	38
Have One Planning Day a Week	38

Introduction

The first step to changing your life is acknowledging that some adjustments need to be made. You might have heard (or seen) people using planners to gain control of their life, become more organized, or increase their productivity. These are a few of the many different benefits you get.

Don't underestimate the power of a daily planner – it is so much more than your calendar and schedule. It becomes something you work on every day, rely on to keep track of your responsibilities, and use to get ahead in life, both personally and professionally.

This eBook is going to guide you through all the basics of setting up and using a planner. You will learn what a planner is, why you should use one, how to choose the right one, some tips for setting it up, and even more tips.

It provides a one-stop shop for all things planners. Let's get started.