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#### **Foreword**

If you are experiencing hard times in your life, it is very important that you become familiar with the term "law of attraction," or LOA. The law of attraction states that you are basically responsible for all the circumstances of your life, whether good or bad. You draw everything into your life that exists. You have the power to create positive circumstances in your life, you just have to know how to harness the power of the law of attraction.

The law of attraction has to do with every part of your being. Everything from your thoughts, to your emotion to your actions either adds to this power or takes away from it. Would you believe me if I told you that it is possible for you to accomplish all of your dreams and be truly happy in life? Well it is true and it is much simpler than you probably think. All you have to do is believe and trust in the universe and use the power of the law of attraction and you will surely be rewarded for your efforts.

It is important to remember that change almost certainly will not come over night. It will likely be a while before the full effect of the law of attraction sets in. From the first moment that you understand the law of attraction and begin to use it properly your life will begin to come together. The pieces will begin to fit better and everything will make more sense.

The following chapters of this book will go over the law of attraction and will help you to better understand it.

#### **Attraction Awareness**

Using LOA to Draw in What You Desire

# Chapter 1:

#### **LOA Basics**

# **Synopsis**

There are some basic principles that need to be understood when speaking about the law of attraction. Basically, as stated before, everything that happens in your life is attracted by you. It is important that you understand and take responsibility for the fact that everything that happens in your life is a direct impact of your decisions or thoughts.

A good way to understand the law of attraction is to think of yourself as a big magnet. Now everything else in the world is objects that are attracted by the magnet. It is important that you know what objects you should stay away from and what thoughts you should try and keep from your head. Even if you do not speak out on a thought it can still draw certain things into your life. It is important that you learn to train your brain and do your best to not think negatively.

The law of attraction can work some real wonders for your life. You just have to have a proper understanding of it and use it correctly. One important thing to remember is the fact that even if you do not use the law of attraction to your advantage it still exists and is always working, even if negatively. So you may as well get a hold of it and harness the true potential of its power.

The following chapter will go over the basics of the law of attraction so that you can acquire a better understanding of what it truly is.