

YOGA IS FUN



Table of Contents

1 **Mind, Body & Soul**

2 **Tree Pose**

3 **Mystical Energy**

4 **The Cobra Pose**

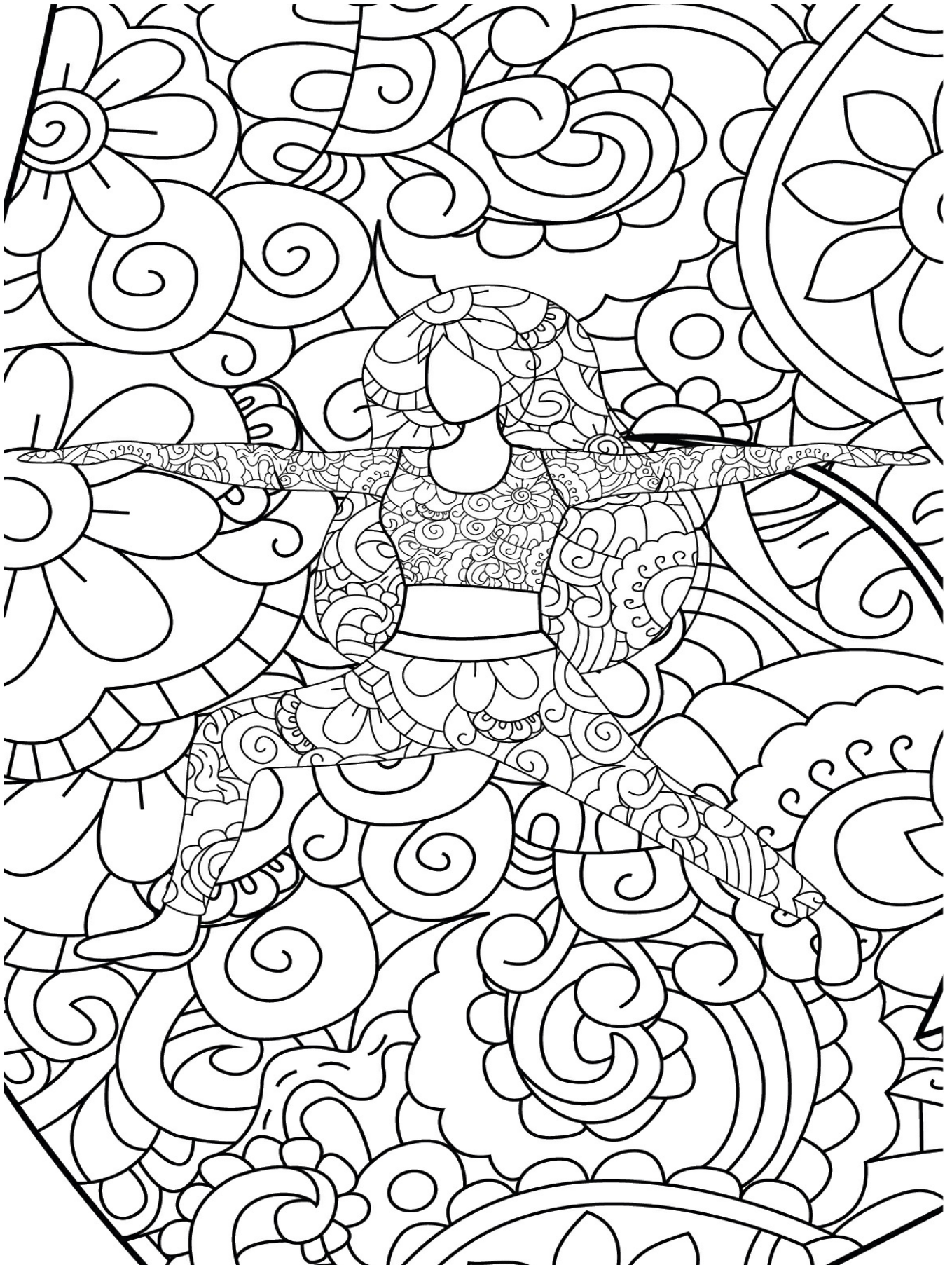
5 **The Eye Of Infinity**

6 **Art of Meditation**

7 **Discover Yourself**

8 **Inner Beauty**

Mind, Body & Soul



Tree Pose



Mystical Energy

