

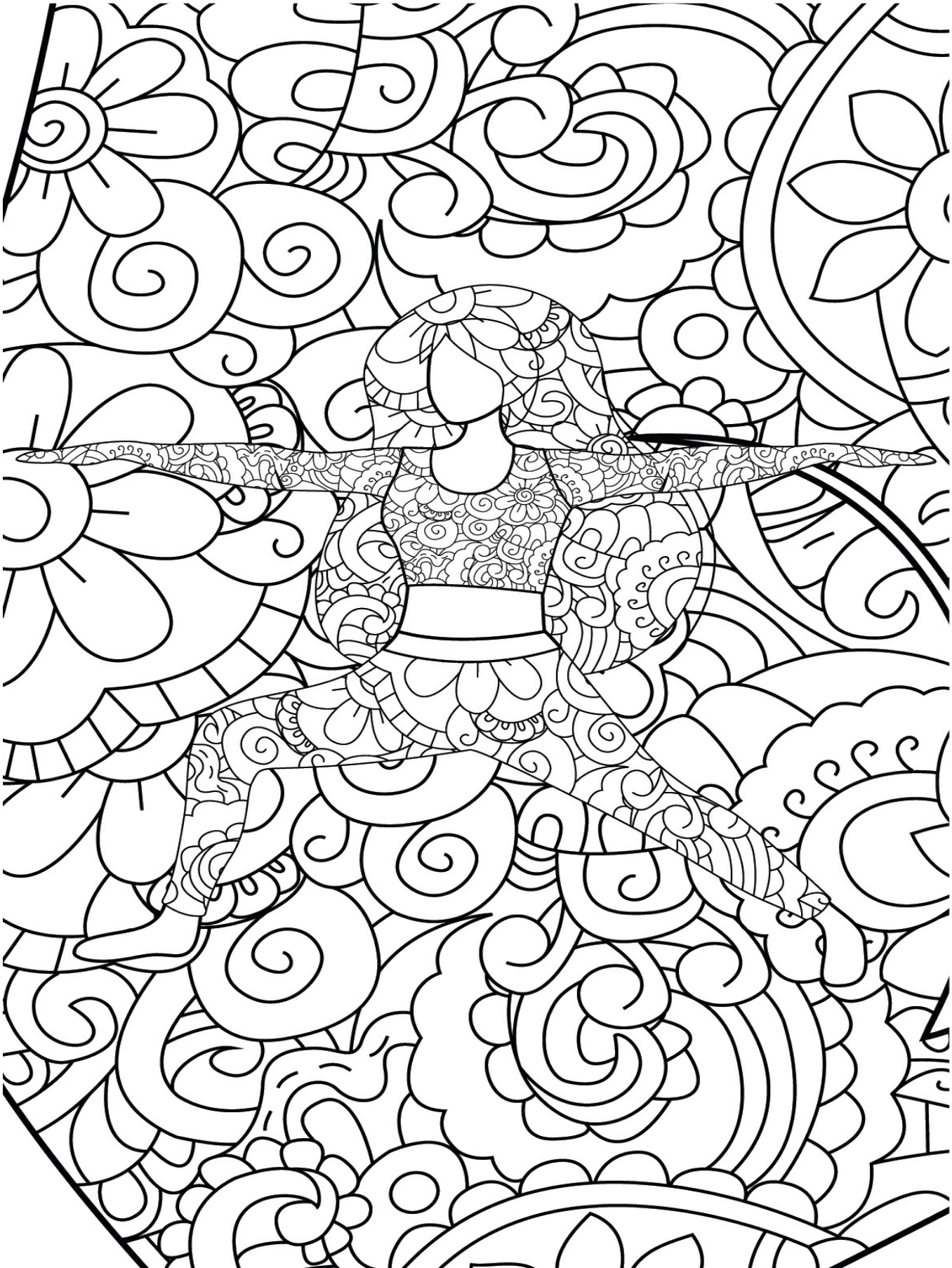
THE COLORS OF YOGA



Table of Contents

- 1** Mind, Body & Soul
- 2** Tree Pose Simplified
- 3** Mystical Energy
- 4** The Cobra Pose
- 5** The Eye Of Infinity
- 6** Art of Meditation
- 7** Discover Yourself
- 8** Inner Beauty

Mind, Body & Soul



Tree Pose Simplified

