

# WORK FROM HOME PRODUCTIVITY



Discover How To Stay Productive  
Working From Home and Develop  
Your Mind For Success

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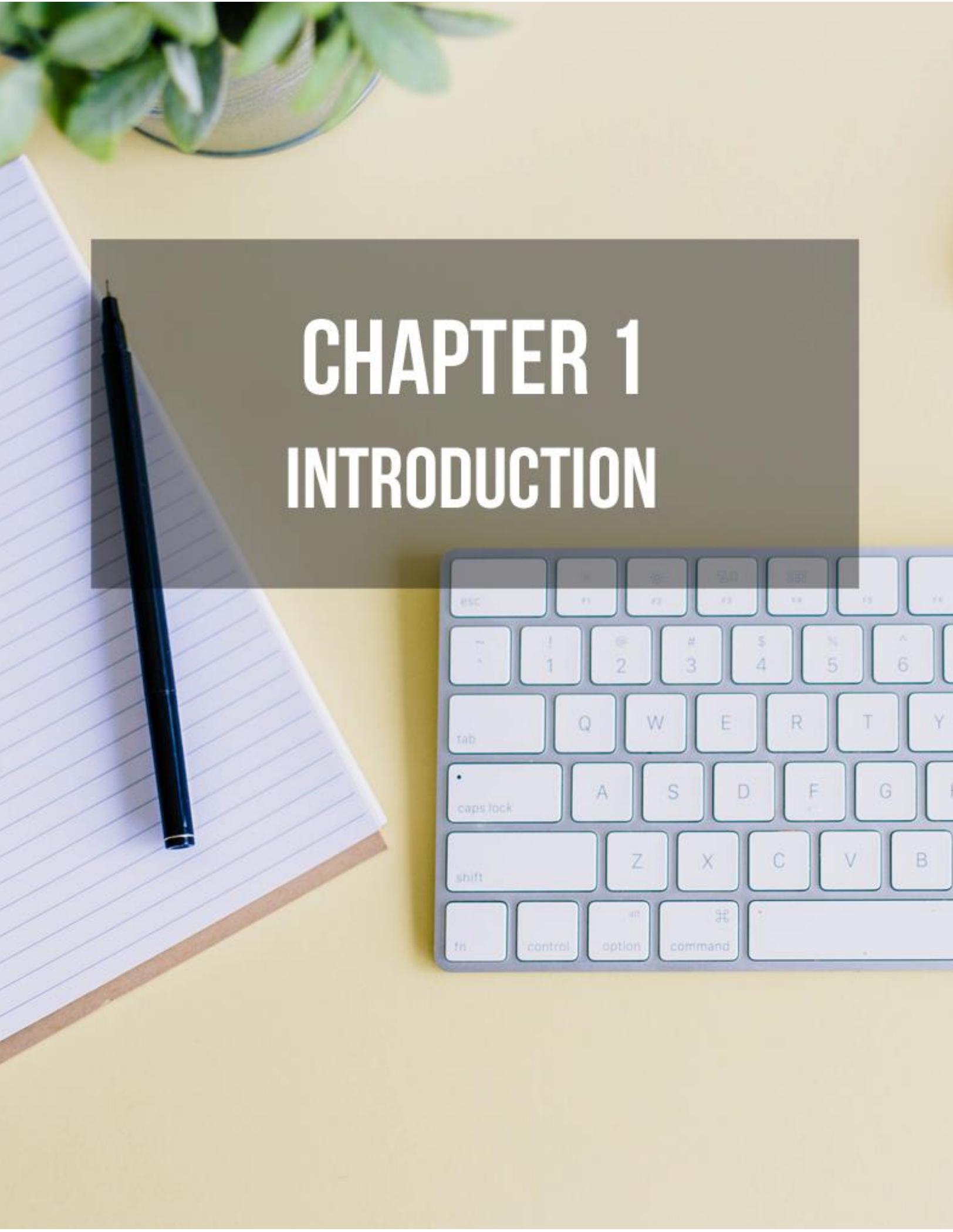
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A top-down view of a desk with a light yellow background. On the left, a lined notebook with a black pen lies on it. In the top left corner, a small green plant in a glass pot is visible. On the right, a portion of a silver keyboard is shown. A semi-transparent grey rectangle is overlaid in the center, containing the chapter title in white text.

# CHAPTER 1

## INTRODUCTION

## Chapter 1: Introduction – Working From Home is What You Make of It

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So, you're stuck working from home? There are now two ways this can go.

One option is that you work like so many other people who are confined to home offices. That means you'll spend a huge chunk of your day procrastinating before you actually get anything done, which will result in work spilling over into your evening.

You'll go to bed with work still on your plate, feeling stressed and behind. Meaning you'll wake up the next day and start work in your pyjamas.

