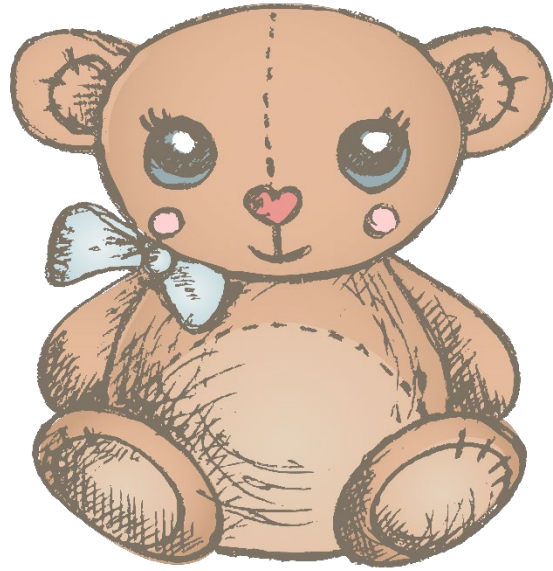


My Pregnancy Journal



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I AM PREGNANT

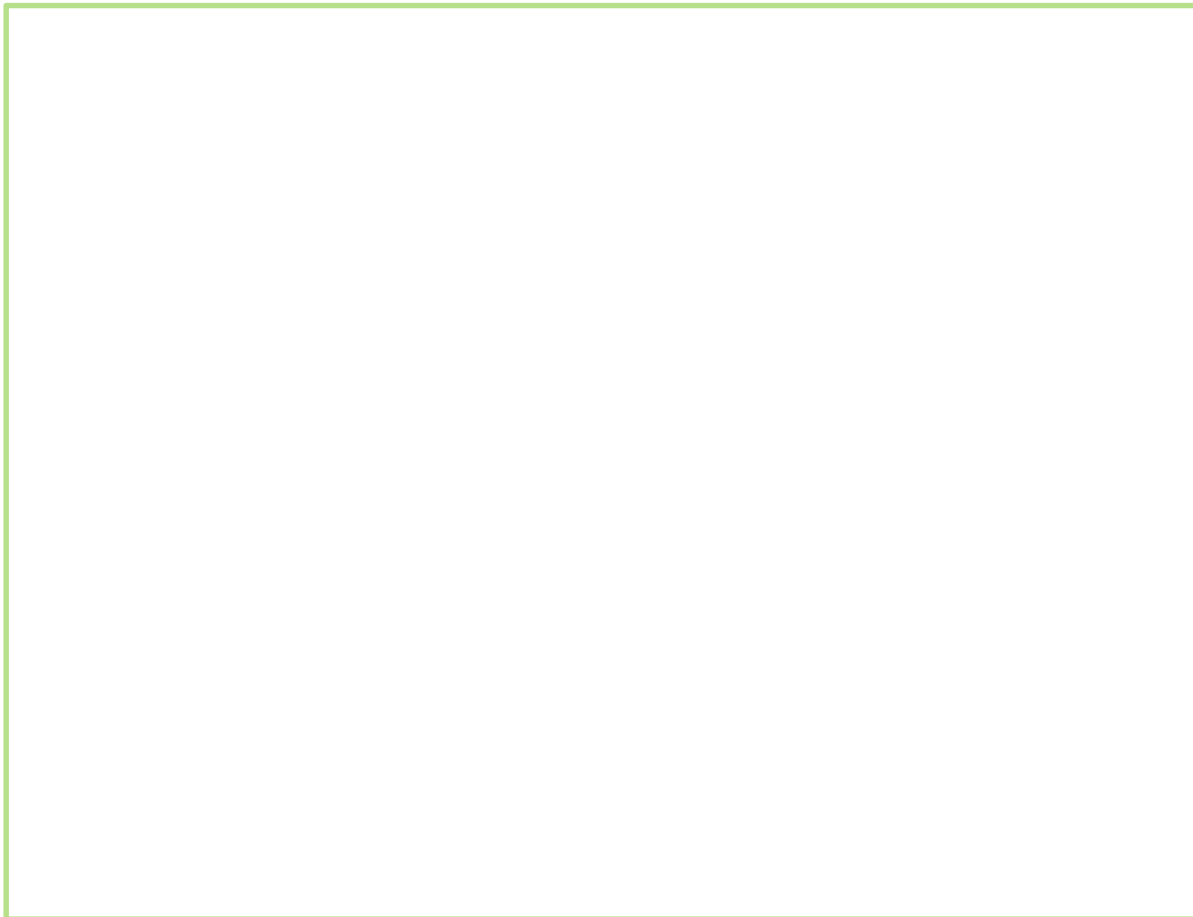
Date I found out: _____

How I told my partner:

My Parents Reaction:

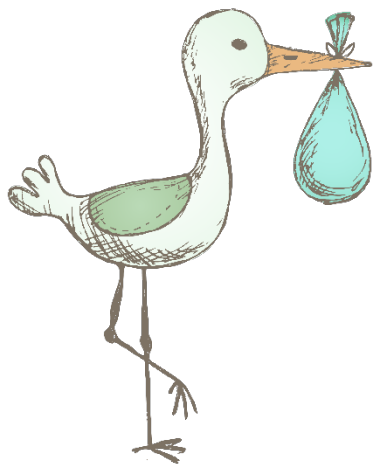
Who did I tell next:

First Sonogram of my baby



Date:

Notes



Nursery Design



How big is my baby

Week	Size of:	✓
4	Poppy Seed	
5	Apple Seed	
6	Sweet Pea	
7	Blueberry	
8	Raspberry	
9	Cherry	
10	Kumquat	
11	Fig	
12	Plum	
13	Peach	
14	Lemon	
15	Apple	
16	Avocado	
17	Pear	
18	Sweet Potato	
19	Mango	
20	Banana	
21	Pomegranate	
22	Papaya	

Week	Size of:	✓
23	Grapefruit	
24	Cantaloupe	
25	Cauliflower	
26	Lettuce	
27	Rutabaga	
28	Eggplant	
29	Acorn Squash	
30	Cucumber	
31	Pineapple	
32	Squash	
33	Durian	
34	Butternut	
35	Coconut	
36	Honeydew	
37	Winter melon	
38	Pumpkin	
39	Watermelon	
40	Jack Fruit	

