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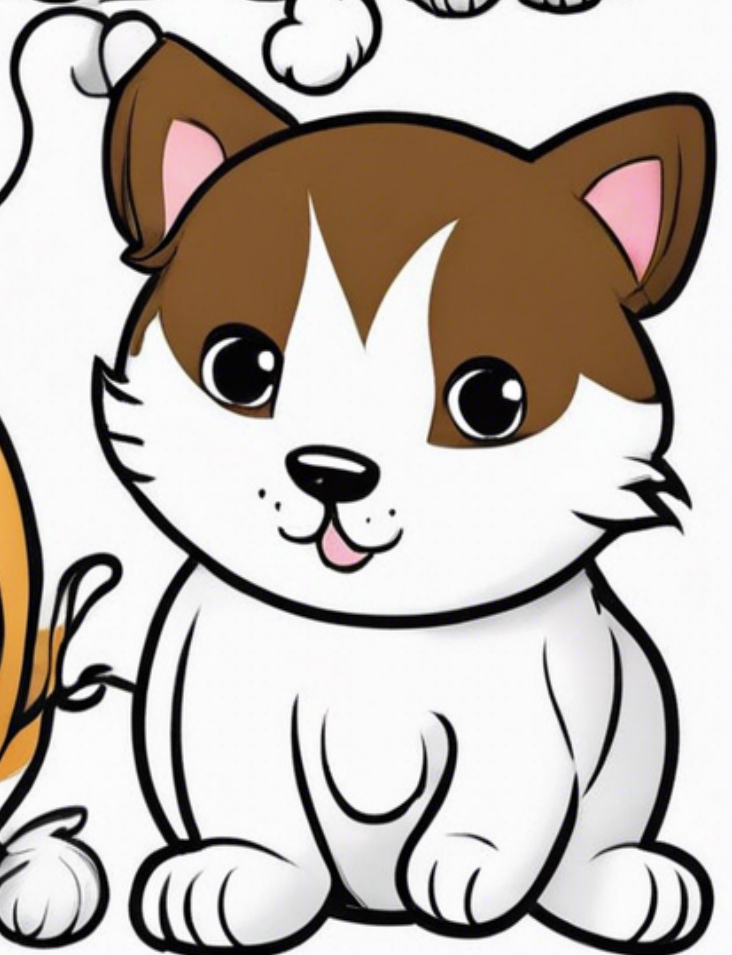
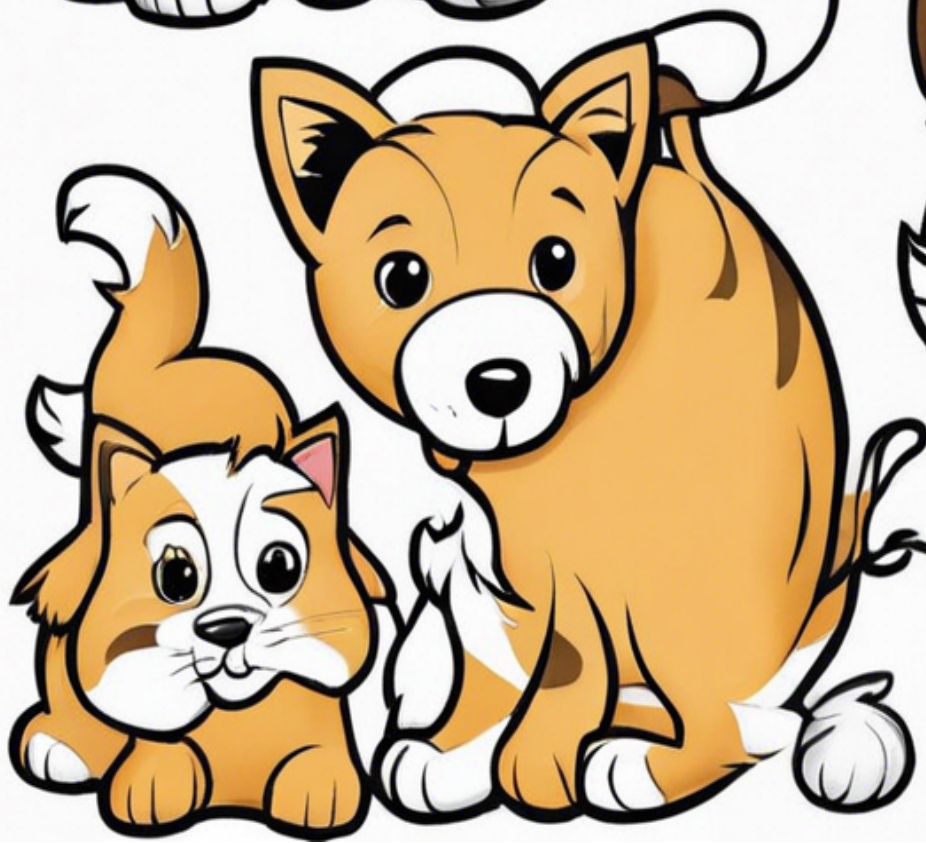


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Be kind to yourself; you're doing your best.



Believe in the power of positive thinking.



Follow your heart.

